

THE MEXICAN HEALTH AND AGING STUDY
(MHAS/ENASEM)

MHAS Created Variables

Project Document
Version 3
July 15, 2024

The MHAS (Mexican Health and Aging Study) is partly sponsored by the National Institutes of Health/National Institute on Aging (grant number NIH R01AG018016) in the United States and the Instituto Nacional de Estadística y Geografía (INEGI) in Mexico. Data files and documentation are public use and available at www.MHASweb.org.

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I. Study Description

The Mexican Health and Aging Study (MHAS or ENASEM in Spanish) is a national longitudinal study of adults over the age of 50 with a broad socioeconomic perspective, with six waves completed between 2001 and 2021. The study protocols and survey instruments are highly comparable to the U.S. Health and Retirement Study (HRS). The MHAS 2001 baseline survey is a nationally representative survey of individuals born in 1951 or earlier, that is, the population aged 50 or older as of the year 2001. The MHAS is designed to examine the aging process and evaluate the impact of disease on health, function, and mortality of adults over the age of 50 that resided in Mexico.

The MHAS baseline sample was selected from residents of both rural and urban areas, from the National Employment Survey (*Encuesta Nacional de Empleo, ENE*), carried out by the INEGI (*Instituto Nacional de Estadística y Geografía*) in Mexico. Households with at least one resident age 50 or older were eligible to be part of the MHAS baseline sample. If more than one person was age-eligible in the selected households, then one person was selected at random for the study. If the selected MHAS person was married or in a civil union, with the spouse residing in the same household, then the spouse or partner was also recruited to be part of the MHAS regardless of his/her age.

The sample is distributed in all 32 states of Mexico and has representation at the national and rural/urban areas. The baseline survey was completed with high response rates (91.8%) in 2001 with a follow-up survey in 2003 (93.3% follow-up response rate). Starting in 2003, the follow-up survey protocol included an instrument for a next-of-kin interview on deceased subjects. In 2012, a follow-up visit was planned to include all the age-eligible subjects from the 2001 and 2003 surveys and a new sample of individuals from the 1952-1962 birth cohorts as well as their spouses/partners regardless of age (MHAS, 2013). The 2012 survey response rate was 88.1% (including the follow-up sample). Another follow-up survey was successfully fielded in 2015, three years after the third wave, with high response and follow-up rates (88.3%). A fifth wave of data was also collected in 2018 with a follow-up survey in 2021. Similar to the MHAS 2012 protocol, in 2018 a new cohort was added of representative adults born between 1963-1968. The survey response rate was 84.7% and 91.5%, in 2018 and 2021 respectively. The table below includes the sample size by type of interview for each wave of the study from 2001 to 2021.

Table 1. Mexican Health and Aging Study (MHAS) Sample Size Across Waves

	2001	2003	2012	2015	2018	2021
Total Sample	15,186	14,250	18,465	15,988	18,249	17,538
Direct and Proxy Interviews	15,186	13,704	15,723	14,779	17,114	15,739
Direct Interviews	14,370	12,526	14,448	13,850	15,786	14,484
Proxy Interviews	1,032	1,178	1,275	929	1,328	1,255
Next-of-Kin Interviews	-	546	2,742	1,209	1,135	1,799

The MHAS group focuses in creating user-friendly data sets with the main goal of disseminating and increasing the use of the data among researchers (in particular junior researchers) across the 5 waves of the study. With this in mind, the MHAS group has selected a group of variables of interest to make the study data more accessible.

The objectives of the current MHAS document are:

- To provide the companion descriptive document for the new data product “MHAS Created Variables”.
- To provide access to a collection of flowcharts that describe the process to construct each variable included in the final data files.
- To distribute the STATA program codes used for the constructed variables (as listed in Section II).
- To provide access to the corresponding Codebooks.

II. Created Data File Structure and Contents

The “MHAS Created Variables” is a set of data files for each wave of the study, from 2001 to 2021. Each of these data files has a wide format, with the unit of observation the individual subject. The naming of the variables is consistent across waves to facilitate the comparison. In addition, each data set includes the necessary identifiers to be able to complete a merge with all the other created data files as well as with the raw data across and within waves. For more information about how to merge data files in the MHAS, please refer to our tutorial available [here](#).

In **Appendix 1**, we include a table with the data files contents, number of observations, and number of variables in each data file. Each column represents a wave of the study. As described in the table, all the

variables included in these data files have the same name across waves and include at the end two digits that represent the year of the study; for example, variable `salud_glob_01` indicates the self-reported health and the last two digits refer to the 2001 wave. Also, “NA” indicates if a variable is not included because information was not available at said wave.

The overall content of the data files is grouped as follows:

- Household and Person IDs
- Type of Interview, Sample Cohort, and Weights
- Demographic Information
- Self-Reported Health Status
- Activities of Daily Living and Instrumental Activities of Daily Living
- Depression symptoms
- Health and Lifestyle Behaviors
- Preventive Care
- Sleep
- Health Case Use
- Psychosocial Measures
- Use of Time
- Life Satisfaction
- Loneliness
- Occupation
- Self-reported Memory

Finally, the “MHAS Created Variables” data files in STATA include variable labels and value labels in both English and Spanish. It is important to note that this feature is only available when using STATA. To change the language of the labels in STATA, the user can use the following codes:

- To use the labels in Spanish

```
label language es
```

- To use the labels in English

```
label language en
```

For more information about `label language`, please refer to the STATA manual (<https://www.stata.com/manuals/dlabellanguage.pdf>)

III. Codebooks

Appendix 2 contains the “MHAS Created Variables” codebooks by wave. The created variables incorporate the use of special missing values to indicate the reason for the missing information. The primary reasons include interviews by proxy, refusals, and not valid values. It is important to note that special missing values are available for STATA and SAS users only but are NOT visible in SPSS.

The following is a list of special missing values used to explain missingness in the raw variables:

- " .p" Interview was complete by a proxy respondent (question not asked as part of proxy interviews)
- " .r" Subject refused to answer the question
- " .d" Subject answered “Don’t Know”
- " .s" Skipped question due to a previous answer or set of answers
- " .i" Incomplete interview, subject interrupted interview and did not continue
- " .m" Missing information, subject did not complete the question but did complete the rest of the interview
- " .x" Subject answered “Don’t Do”, this only applies for the ADLs and IADLs questions

In addition to the Codebooks, we created a series of flowcharts to show the process of constructing the variables (available in Appendix 3).

IV. Flowcharts for the construction of variables

In addition to the codebooks, we also we created a series of flowcharts to illustrate the process of constructing all variable included in the data files. The main goal of this supporting material is to indicate how different values are treated to construct the data. In particular how to handle missing values as well as “Don’t Know” or “Refused (to answer)” values. In some cases, to construct a variable we had to also considered the responses from previous waves; this is also included in said flowcharts. Finally, the flowcharts show how special missing values (as described in the codebook section) were assigned. Flowcharts were created to illustrate the process using the MHAS 2021 variables and are available in **Appendix 3**. They can be used as an example for the previous waves.

Appendix 1. MHAS Created Variables Content by Wave

Variable Description		Variable Name	2021	2018	2015	2012	2003	2001
English	Spanish							
Household and Person IDs								
Unique Household ID	Clave Única del Hogar	cunicah	✓	✓	✓	✓	✓	✓
Person Number	Número de Persona	np	✓	✓	✓	✓	✓	✓
Person identification code 2001	Código de Número de Persona 2001	codent01	NA	NA	NA	NA	NA	✓
Person identification code 2003	Código de Número de Persona 2003	codent03	NA	NA	NA	NA	✓	NA
Update household code 2003	Código de Actualización del Hogar 2003	acthog	NA	NA	NA	NA	✓	NA
Sub-household identifier	Identificador del Sub-Hogar	subhog_xx	✓	✓	✓	✓	✓	NA
Type of Interview, Sample Cohort, and Weights								
Type of interview	Tipo de entrevista	tipent_xx	✓	✓	✓	✓	✓	✓
Follow-up and new sample/spouses	Muestra de seguimiento y muestra nueva/nueva pareja	new_sample_xx	✓	✓	✓	✓	✓	NA
Individual weight	Factor individual	factori_xx	✓	✓	✓	✓	✓	✓
Household weight	Factor hogar	factorh_xx	✓	✓	✓	✓	✓	✓
Primary Sampling Unit	Unidad primaria de muestreo	upm_dis_21	✓	NA	NA	NA	NA	NA
Survey Design Strata	Estrato de diseño	est_dis_21	✓	NA	NA	NA	NA	NA
Demographic Information								
Gender	Genero	genero	✓	✓	✓	✓	✓	✓
Age (in years)	Edad (en años)	edad_xx	✓	✓	✓	✓	✓	✓
Age (cat.)	Edad (cat.)	edad_gru_xx	✓	✓	✓	✓	✓	✓
Locality size (urban/rural)	Tamaño de Localidad (urbano/rural)	urbano_xx	✓	✓	✓	✓	✓	✓
Years of education	Años de Educación	educacion	✓	✓	✓	✓	✓	✓
Years of education (cat.)	Años de educación (cat.)	edu_gru	✓	✓	✓	✓	✓	✓
Marital status	Estado conyugal	est_conyugal_xx	✓	✓	✓	✓	✓	✓
Number of marriages/civil unions	Número de matrimonios/uniones civiles	n_uniones_xx	✓	✓	✓	✓	✓	✓
Number of unions(cat.)	Número de matrimonios/uniones civiles (cat.)	uniones_gru_xx	✓	✓	✓	NA	NA	NA
Number of living children	Número de hijos vivos	n_hijos_vivos_xx	✓	✓	✓	✓	✓	✓
Number of living children (cat.)	Número de hijos vivos (cat.)	hijos_vivos_gru_xx	✓	✓	✓	✓	✓	✓
Has lived/worked in US	Ha trabajado/vivido en EE.UU.	migracion_xx	✓	✓	✓	✓	✓	✓
Self-Reported Health Status								
Self-report of global health	Auto-reporte de salud global	salud_glob_xx	✓	✓	✓	✓	✓	✓
Activities of Daily Living and Instrumental Activities of Daily Living								
Difficulty getting dressed	Tiene dificultad para vestirse	abvd_vestirse_xx	✓	✓	✓	✓	✓	✓
Difficulty walking from one side of a room to the other	Tiene dificultad para cruzar un cuarto	abvd_caminar_xx	✓	✓	✓	✓	✓	✓
Difficulty bathing themselves in a tub/shower	Tiene dificultad para bañarse en una tina o regadera	abvd_banar_xx	✓	✓	✓	✓	✓	✓
Difficulty eating	Tiene dificultad para comer	abvd_comer_xx	✓	✓	✓	✓	✓	✓
Difficulty getting in and out of bed	Tiene dificultad para acostarse y/o levantarse de la cama	abvd_cama_xx	✓	✓	✓	✓	✓	✓
Difficulty using the toilet	Tiene dificultad para usar el excusado	abvd_bano_xx	✓	✓	✓	✓	✓	✓
Number of ADLs limitations (cat.)	Número de limitaciones con ABVDs (cat.)	abvd_gru_xx	✓	✓	✓	✓	✓	✓
Number of ADLs limitations (0–5)	Número de limitaciones con ABVDs (0-5)	n_abvd_xx	✓	✓	✓	✓	✓	✓
Difficulty managing money	Tiene dificultad para manejar dinero	aivd_dinero_xx	✓	✓	✓	✓	✓	✓
Difficulty taking medications	Tiene dificultad para tomar medicamentos	aivd_medicina_xx	✓	✓	✓	✓	✓	✓
Difficulty shopping for groceries	Tiene dificultad para comprar víveres/mandados	aivd_comprar_xx	✓	✓	✓	✓	✓	✓
Difficulty preparing a hot meal	Tiene dificultad para preparar una comida caliente	aivd_comidas_xx	✓	✓	✓	✓	✓	✓
Number of IADLs limitations (cat.)	Número de AIVDs con limitación (cat.)	aivd_gru_xx	✓	✓	✓	✓	✓	✓
Number of IADLs limitations (0–4)	Número de AIVDs con limitación (0–4)	n_aivd_xx	✓	✓	✓	✓	✓	✓

Depression symptoms								
Most of past week: Felt depressed	Durante la semana pasada: Se ha sentido deprimido	deprimido_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt that everything they do is an effort	Durante la semana pasada: Ha sentido que todo lo que hacía era un esfuerzo	esfuerzo_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt their sleep was restless	Durante la semana pasada: Ha sentido que su sueño era intranquilo	intranquilo_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt happy	Durante la semana pasada: Se ha sentido feliz	feliz_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt lonely	Durante la semana pasada: Se ha sentido solo	solo_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt that they enjoyed life	Durante la semana pasada: Ha sentido que disfrutaba de la vida	disf_vida_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt sad	Durante la semana pasada: Se ha sentido triste	triste_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt tired	Durante la semana pasada: Se ha sentido cansado	cansado_xx	✓	✓	✓	✓	✓	✓
Most of past week: Felt that they had a lot of energy	Durante la semana pasada: Ha sentido que tenía mucha energía	energia_xx	✓	✓	✓	✓	✓	✓
Number of CES-D depressive symptoms (0-9)	Número de síntomas depresivos CES-D (0-9)	n_sint_depr_xx	✓	✓	✓	✓	✓	✓
Has 5+ CES-D depressive symptoms	Con 5 o más síntomas depresivos CES-D	cesd_deprimido_xx	✓	✓	✓	✓	✓	✓
Health and Lifestyle Behaviors								
Has been diagnosed with hypertension/high blood pressure	Alguna vez le han dicho que tiene hipertensión/presión arterial alta	hipertension_xx	✓	✓	✓	✓	✓	✓
Has been diagnosed with diabetes	Alguna vez le han dicho que tiene diabetes	diabetes_xx	✓	✓	✓	✓	✓	✓
Has been diagnosed with respiratory illness	Alguna vez le han dicho que tiene enfermedad pulmonar	enf_pulm_xx	✓	✓	✓	✓	✓	✓
Has been diagnosed with heart problems	Alguna vez le han dicho que tiene problema de corazón	prob_card_xx	✓	✓	✓	NA	NA	NA
Has been diagnosed with arthritis/rheumatism	Alguna vez le han dicho que tiene artritis/reumatismo	artritis_xx	✓	✓	✓	✓	✓	✓
Has been told he/she had a heart attack	Alguna vez le han dicho que ha tenido ataque/infarto al corazón	infarto_xx	✓	✓	✓	✓	✓	✓
Has been told he/she had a stroke	Alguna vez le han dicho que ha tenido embolia	embolia_xx	✓	✓	✓	✓	✓	✓
Has been diagnosed with cancer	Alguna vez le han dicho que ha tenido cáncer	cancer_xx	✓	✓	✓	✓	✓	✓
Number of illnesses (0-7)	Número de enfermedades (0-7)	n_enf_xx	✓	✓	✓	✓	✓	✓
Number of illnesses (cat.)	Número de enfermedades (cat.)	enf_cat_xx	✓	✓	✓	✓	✓	✓
Body Mass Index (cat.)	Índice de masa corporal (5 categorías)	imc_cat_xx	✓	✓	✓	✓	✓	✓
Does Exercise 3+ times per week on average	Hace ejercicio/trabajo físico pesado 3+ veces por semana	ejer_3_por_sem_xx	✓	✓	✓	✓	✓	✓
Currently drinks alcohol	Actualmente consume alcohol	alcohol_xx	✓	✓	✓	✓	✓	✓
Currently smokes tobacco	Actualmente fuma	tabaco_xx	✓	✓	✓	✓	✓	✓
Preventive Care								
Preventive care: Has been tested for colon cancer	Cuidados preventivos: Prueba para detección del cáncer de colon	prueba_colon_xx	✓	✓	✓	NA	NA	NA
Preventive care: Has had a cholesterol blood test	Cuidados preventivos: Se ha hecho análisis de sangre para el colesterol	mide_col_xx	✓	✓	✓	✓	✓	✓
Preventive care: Has been tested for tuberculosis	Cuidados preventivos: Prueba para la tuberculosis	prueba_tuber_xx	✓	✓	✓	✓	✓	✓
Preventive care: Has been tested for diabetes	Cuidados preventivos: Se ha hecho prueba para la diabetes	prueba_diab_xx	✓	✓	✓	✓	✓	✓
Preventive care: Has been tested for hypertension/high blood pressure	Cuidados preventivos: Prueba para la hipertensión o presión alta	prueba_pres_xx	✓	✓	✓	✓	✓	✓
Preventive care: Has been vaccinated against flu	Cuidados preventivos: Ha recibido vacuna contra influenza	vacu_gripa_xx	✓	✓	✓	✓	NA	NA
Preventive care: Has been vaccinated against pneumonia	Cuidados preventivos: Ha recibido vacuna contra la neumonía	vacu_neumo_xx	✓	✓	✓	✓	NA	NA
Preventive care: Has been vaccinated against COVID	Cuidados preventivos: Ha recibido vacuna contra COVID	vacu_covid_xx	✓	NA	NA	NA	NA	NA

Preventive care: Has performed monthly breast self-exam (women)	Cuidados preventivos: Se ha hecho autoexamen mensual de senos (mujeres)	auto_exam_mama_xx	✓	✓	✓	✓	✓	✓
Preventive care: Pap smear test (women)	Cuidados preventivos: Se ha hecho una prueba Papanicolau (mujeres)	papanic_xx	✓	✓	✓	✓	✓	✓
Preventive care: Has had a mammogram/breast x-ray (women)"	Cuidados preventivos: Se ha hecho una mamografía/radiografía de senos (mujeres)	mamografia_xx	✓	✓	✓	✓	✓	✓
Preventive care: Prostate exam (men)	Cuidados preventivos: Se ha hecho examen de próstata (hombres)	exam_prostata_xx	✓	✓	✓	✓	✓	✓
Sleep								
Difficulty falling asleep	Tiene dificultad para quedarse dormido	dormido_xx	✓	✓	✓	NA	NA	NA
Difficulty falling asleep (cat.)	Dificultad para quedarse dormido (cat.)	dormido_cat_xx	✓	✓	✓	NA	NA	NA
Health Care Use								
Last 12 months: Has been hospitalized at least one night	Últimos 12 meses: Estuvo hospitalizado al menos una noche	hospitalizacion_xx	✓	✓	✓	✓	✓	✓
Last 12 months: Has visited doctor/medical personnel at least once	Últimos 12 meses: Tuvo al menos una visita al médico	visita_medica_xx	✓	✓	✓	✓	✓	✓
Last 12 months: Has had at least one outpatient procedures	Últimos 12 meses: Tuvo al menos una cirugía ambulatoria	ciru_ambu_xx	✓	✓	✓	✓	✓	✓
Last 12 months: Has visited dentist at least once	Últimos 12 meses: Tuvo al menos una visita al dentista	visita_dental_xx	✓	✓	✓	✓	✓	✓
Has health care coverage with IMSS	Tiene derecho a servicio médico en IMSS	imss_xx	✓	✓	✓	✓	✓	✓
Has health care coverage with ISSSTE/ISSSTE Estatal	Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal	issste_xx	✓	✓	✓	✓	✓	✓
Has health care coverage with INSABI	Tiene derecho a servicio médico en INSABI	insabi_xx	✓	NA	NA	NA	NA	NA
Has health care coverage with Seguro Popular	Tiene derecho a servicio médico en Seguro Popular	seg_pop_xx	NA	✓	✓	✓	NA	NA
Has health care coverage with PEMEX, Defensa, or Marina	Tiene derecho a servicio médico en Pemex, Defensa o Marina	pem_def_mar_xx	✓	✓	✓	✓	✓	✓
Has health care coverage with private health insurance	Tiene derecho a seguro médico privado	seguro_privado_xx	✓	✓	✓	✓	✓	✓
Has health care coverage with other health insurance	Tiene derecho a otro seguro médico	otro_seguro_xx	✓	✓	✓	✓	✓	✓
Has health insurance	Tiene derechohabencia	seguro_medico_xx	✓	✓	✓	✓	✓	✓
Psychosocial Measures								
Weight in family decisions: Respondent or spouse	Peso en decisiones familiares: entrevistado o cónyuge	peso_decis_famil_xx	✓	✓	✓	✓	✓	✓
Weight that the subject has over personal decisions	Peso que tiene el sujeto en decisiones personales	peso_decis_personal_xx	✓	✓	✓	✓	✓	NA
Preference regarding medical decisions	Preferencia del sujeto en cuanto a decisiones médicas	pref_decis_med_xx	✓	✓	✓	✓	NA	NA
Use of Time								
Use of time: Looks after sick or disabled adult	Uso del tiempo: Cuida a un adulto enfermo o discapacitado	cuida_adulto_xx	✓	✓	✓	✓	NA	NA
Use of time: Looks after child(ren) under 12	Uso del tiempo: Cuida a niños menores de 12 años	cuida_menor_xx	✓	✓	✓	✓	NA	NA
Use of time: Volunteers for non-profit org. without compensation	Uso del tiempo: Participa en voluntariado en organización civil sin pago	voluntario_xx	✓	✓	✓	✓	NA	NA
Use of time: Attends training course, lecture, or class	Uso del tiempo: Asiste a curso de capacitación, plática/clase	asiste_cursos_xx	✓	✓	✓	✓	NA	NA
Use of time: Attends sports or social club	Uso del tiempo: Asiste a un deportivo o club social	asiste_club_xx	✓	✓	✓	✓	NA	NA
Use of time: Reads books/magazines/newspaper	Uso del tiempo: Lee algún libro/revista/periódico	lee_xx	✓	✓	✓	✓	NA	NA
Use of time: Does crosswords/jigsaw puzzles/number games	Uso del tiempo: Hace crucigramas/rompecabezas/juegos de números	cruci_rompe_xx	✓	✓	✓	✓	NA	NA
Use of time: Plays tabletop games, e.g. cards/dominos/chess	Uso del tiempo: Juega juegos de mesa como cartas/dominó/ajedrez	juegos_mesa_xx	✓	✓	✓	✓	NA	NA
Use of time: Talks on phone or sends messages/uses web on computer	Uso del tiempo: Habla por teléfono/envía mensajes o usa web por computadora	comu_telef_comp_xx	✓	✓	✓	✓	NA	NA
Use of time: Maintains house, does repairs, gardens, etc.	Uso del tiempo: Mantenimiento del hogar/reparaciones/jardinería etc.	act_mant_xx	✓	✓	✓	✓	NA	NA

Use of time: Watches television	Uso del tiempo: Ve televisión	ve_tv_xx	✓	✓	✓	✓	NA	NA
Use of time: Sews/embroiders/knits/makes crafts	Uso del tiempo: Cose/borda/teje/realiza manualidades	cose_xx	✓	✓	✓	✓	NA	NA
Use of time: Buys groceries	Uso del tiempo: Hace compras	compras_xx	NA	✓	NA	NA	NA	NA
Use of time: Visits doctor/pharmacies	Uso del tiempo: Visita al médico/farmacias	med_farm_xx	NA	✓	NA	NA	NA	NA
Life Satisfaction								
Life satisfaction: Life is close to ideal	Satisfacción con la vida: Su vida está cerca de su ideal	vida_ideal_xx	✓	✓	✓	✓	NA	NA
Life satisfaction: Satisfied with their life	Satisfacción con la vida: Las condiciones de su vida son excelentes	cond_excel_xx	✓	✓	✓	✓	NA	NA
Life satisfaction: Satisfied with their life	Satisfacción con la vida: Está satisfecho con su vida	satisfecho_xx	✓	✓	✓	✓	NA	NA
Life satisfaction: Has achieved the things in life that are important to them	Satisfacción con la vida: Ha conseguido las cosas importantes en la vida	cosas_imp_xx	✓	✓	✓	✓	NA	NA
Life satisfaction: Would change almost nothing about their life	Satisfacción con la vida: No cambiaría casi nada de su vida si pudiera	no_cambio_xx	✓	✓	✓	✓	NA	NA
Loneliness								
Loneliness: How often he/she feels that they lack companionship	Soledad: Soledad: Frecuencia en la que se siente que le falta compañía	falta_compa_xx	✓	✓	✓	NA	NA	NA
Loneliness: How often he/she feels ignored by others	Soledad: Frecuencia en la que se siente aislado, apartado de los demás	ignorado_xx	✓	✓	✓	NA	NA	NA
Loneliness: How often he/she feels cut off or isolated from others	Soledad: Con qué frecuencia se siente aislado, apartado de los demás	aislado_xx	✓	✓	✓	NA	NA	NA
Occupation								
Current employment status	Estado de empleo actual	ocupacion_xx	✓	✓	✓	✓	✓	✓
Self-reported memory								
Self-report of memory	Auto-reporte de Memoria	memoria_xx	✓	✓	✓	✓	NA	NA
COVID-19								
Has ever been told you had/have COVID-19	Alguna vez le han dicho que tuvo o tiene COVID-19	covid_21	✓	NA	NA	NA	NA	NA
This disease (COVID-19) limits your normal activities	Esta enfermedad (COVID-19) le limita sus actividades diarias	covid_lim_21	✓	NA	NA	NA	NA	NA
Level of stress in relation to COVID-19 pandemic	Nivel de estrés con relación a la pandemia de COVID-19	covid_estres_21	✓	NA	NA	NA	NA	NA
Consulted a doctor or medical personnel due to COVID-19	Consultó con un doctor o personal médico debido a COVID-19	covid_cons_21	✓	NA	NA	NA	NA	NA
Was hospitalized due to COVID-19	Estuvo hospitalizado debido a COVID-19	covid_hosp_21	✓	NA	NA	NA	NA	NA
Major Events								
Death of any children between 2018-2021	Fallecimiento de alguno de sus hijos entre 2018-2021	fall_hijos_21	✓	NA	NA	NA	NA	NA
Took care of a sick family member between 2018-2021	Se hizo cargo de cuidar algún familiar enfermo entre 2018-2021	cuida_fam_21	✓	NA	NA	NA	NA	NA
Had any loss that affected financial situation between 2018-2021	Tuvo alguna pérdida que afectó su situación financiera entre 2018-2021	perdida_fin_21	✓	NA	NA	NA	NA	NA
Total number of observations			15,739	17,114	14,779	15,723	13,704	15,186
Total number of variables			119	110	108	101	81	77

Appendix 2. MHAS Created Variables Codebook by Wave

The following is a list of the different special missing values assigned within the individual level sections:

Special Missing	Label	Description
".p"	Proxy Interview	Interview was complete by a proxy respondent (question not asked as part of proxy interviews)
".r"	Refused	Subject refused to answer the question
".d"	Refused	Subject answered "Don't Know"
".s"	Skipped	Skipped question due to a previous answer or set of answers
".i"	Incomplete	Incomplete interview, subject interrupted interview and did not continue
".m"	Incomplete	Missing information, subject did not complete the question but did complete the rest of the interview
".x"	Doesn't do	Subject answered "Don't Do", this only applies for the ADLs and IADLs questions

2021

cunicah	Unique Household ID (=unhhid) Clave Única del Hogar (=unhhid)
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Not tabulated

np	Person Number Número de Persona
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Not tabulated

subhog_21	Sub-household identifier 2021 Identificador del Subhogar 2021
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Not tabulated

tipent_21	Type of interview 2021 Tipo de entrevista 2021
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	Freq.	Percent	Cum.
1.Direct, follow-up interview	14,336	91.09	91.09
2.Direct, new sample interview	148	0.94	92.03
3.Proxy, follow-up interview	1,247	7.92	99.95
4.Proxy, new sample interview	8	0.05	100.00
Total	15,739	100.00	

new_sample_21	Follow-up and new sample/spouses 2021 Muestra de seguimiento y muestra nueva/nueva pareja 2021
---------------	---

	Freq.	Percent	Cum.
1.R from follow-up sample	15,424	98.00	98.00
2.R from follow-up sample w/o information	159	1.01	99.01
3.New spouse from follow-up sample	85	0.54	99.55
4.New person from 2018 new sample	71	0.45	100.00
Total	15,739	100.00	

factori_21	Individual weight 2021 Factor de expansión individual 2021
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Not tabulated

factorh_21	Household weight 2021 Factor de expansión del hogar 2021
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Not tabulated

genero Gender
Género

	Freq.	Percent	Cum.
1. Male	6,526	41.46	41.46
2. Female	9,213	58.54	100.00
Total	15,739	100.00	

edad_21 Age (years) 2021
Edad (en años) 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
edad_21	15,729	66.20491	10.88585	23	106

	Freq.	Percent	Cum.
.d	10	100.00	100.00
Total	10	100.00	

edad_gru_21 Age (cat.) 2021
Edad (cat.) 2021

	Freq.	Percent	Cum.
0. 49 or under	472	3.00	3.00
1. 50-59	4,775	30.36	33.36
2. 60-69	4,548	28.91	62.27
3. 70-79	3,974	25.27	87.54
4. 80+	1,960	12.46	100.00
Total	15,729	100.00	

urbano_21 Locality size (urban/rural) 2021
Tamaño de Localidad (urbano/rural) 2021

	Freq.	Percent	Cum.
0. <100,000	6,936	44.07	44.07
1. 100,000+	8,803	55.93	100.00
Total	15,739	100.00	

educacion Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	15,429	6.747229	4.879426	0	22

	Freq.	Percent	Cum.
.d	98	31.61	31.61
.m	205	66.13	97.74
.r	7	2.26	100.00
Total	310	100.00	

edu_gru Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	1,988	12.63	12.63
1. 1-5 years	3,722	23.65	36.28
2. 6 years	3,297	20.95	57.23
3. 7-9 years	3,342	21.23	78.46
4. 10+ years	3,080	19.57	98.03
.d	98	0.62	98.65
.m	205	1.30	99.96
.r	7	0.04	100.00
Total	15,739	100.00	

est_conyugal_21 Marital status 2021
Estado Conyugal 2021

	Freq.	Percent	Cum.
1.Married or in civil union	10,295	65.41	65.41
2.Separated or divorced	1,278	8.12	73.53
3.Widowed	3,448	21.91	95.44
4.Single	718	4.56	100.00
Total	15,739	100.00	

n_union_21 Number of unions 2021
Número de uniones 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_21	15,364	1.257485	.7444118	0	13

	Freq.	Percent	Cum.
.d	128	34.13	34.13
.e	3	0.80	34.93
.m	204	54.40	89.33
.r	40	10.67	100.00
Total	375	100.00	

unions_gru_21 Number of unions (cat.) 2021
Número de uniones civiles (cat.) 2021

	Freq.	Percent	Cum.
0. 0	467	2.97	2.97
1. 1	11,945	75.89	78.86
2. 2	2,003	12.73	91.59
3. 3+	949	6.03	97.62
.d	128	0.81	98.43
.e	3	0.02	98.45
.m	204	1.30	99.75
.r	40	0.25	100.00
Total	15,739	100.00	

n_hijos_vivos_21 Number of living children 2021
Número de hijos vivos 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_21	15,711	3.950799	2.501342	0	21

	Freq.	Percent	Cum.
.d	17	60.71	60.71
.r	11	39.29	100.00
Total	28	100.00	

hijos_vivos_gru_21 Number of living children (cat.) 2021
Número de hijos vivos (cat.) 2021

	Freq.	Percent	Cum.
0. No children	855	5.43	5.43
1. 1 or 2	3,644	23.15	28.59
2. 3 or 4	6,116	38.86	67.44
3. 5 or 6	2,785	17.69	85.14
4. 7+	2,311	14.68	99.82
.d	17	0.11	99.93
.r	11	0.07	100.00
Total	15,739	100.00	

migracion_21	Has lived/worked in the U.S. 2021 Ha trabajado/vivido en EE.UU. 2021
--------------	---

		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		14,081	89.47	89.47
1.Yes		1,644	10.45	99.91
.d		13	0.08	99.99
.r		1	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

salud_glob_21	Self-report of global health 2021 Auto-reporte de salud global 2021
---------------	--

		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
1.Excellent		425	2.70	2.70
2.Very good		720	4.57	7.27
3.Good		4,438	28.20	35.47
4.Regular		7,714	49.01	84.48
5.Poor		1,186	7.54	92.02
.p		1,255	7.97	99.99
.r		1	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

abvd_vestirse_21	Difficulty getting dressed 2021 Dificultad para vestirse 2021
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		13,852	88.01	88.01
1.Yes		1,873	11.90	99.91
.d		1	0.01	99.92
.r		9	0.06	99.97
.x		4	0.03	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

abvd_caminar_21	Difficulty walking from one side of a room to the other 2021 Dificultad para cruzar un cuarto 2021
-----------------	---

		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		14,368	91.29	91.29
1.Yes		1,351	8.58	99.87
.r		10	0.06	99.94
.x		10	0.06	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

abvd_banar_21	Difficulty bathing themselves in a tub/shower 2021 Dificultad para bañarse en una tina o regadera 2021
---------------	---

	Freq.	Percent	Cum.
0.No	14,683	93.29	93.29
1.Yes	1,036	6.58	99.87
.r	11	0.07	99.94
.x	9	0.06	100.00
Total	15,739	100.00	

abvd_comer_21	Difficulty eating 2021 Dificultad para comer 2021
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	Freq.	Percent	Cum.
0.No	15,135	96.16	96.16
1.Yes	584	3.71	99.87
.r	10	0.06	99.94
.x	10	0.06	100.00
Total	15,739	100.00	

abvd_cama_21	Difficulty getting in and out of bed 2021 Dificultad para acostarse y/o levantarse de la cama 2021
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	Freq.	Percent	Cum.
0.No	14,302	90.87	90.87
1.Yes	1,426	9.06	99.93
.r	10	0.06	99.99
.x	1	0.01	100.00
Total	15,739	100.00	

abvd_bano_21	Difficulty using the toilet 2021 Dificultad para usar el excusado 2021
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	Freq.	Percent	Cum.
0.No	14,525	92.29	92.29
1.Yes	1,178	7.48	99.77
.r	11	0.07	99.84
.x	25	0.16	100.00
Total	15,739	100.00	

abvd_gru_21

Number of ADLs limitations (cat.) 2021
Número de limitaciones con ABVDs (cat.) 2021

	Freq.	Percent	Cum.
0. No limitations	13,096	83.21	83.21
1. 1 limitation	1,261	8.01	91.22
2. 2 limitations	480	3.05	94.27
3. 3+ limitations	837	5.32	99.59
.r	11	0.07	99.66
.x	54	0.34	100.00
Total	15,739	100.00	

n_abvd_21

Number of ADLs limitations (0-5) 2021
Número de limitaciones con ABVDs (0-5) 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
n_abvd_21	15,674	.3524308	.9727078	0	5

	Freq.	Percent	Cum.
.r	11	16.92	16.92
.x	54	83.08	100.00
Total	65	100.00	

aivd_dinero_21

Difficulty managing money 2021
Dificultad para manejar dinero 2021

	Freq.	Percent	Cum.
0.No	14,101	89.59	89.59
1.Yes	372	2.36	91.96
.p	1,255	7.97	99.93
.r	10	0.06	99.99
.x	1	0.01	100.00
Total	15,739	100.00	

aivd_medicina_21

Difficulty taking medications 2021
Dificultad para tomar medicamentos 2021

	Freq.	Percent	Cum.
0.No	14,139	89.83	89.83
1.Yes	334	2.12	91.96
.d	1	0.01	91.96
.p	1,255	7.97	99.94
.r	10	0.06	100.00
Total	15,739	100.00	

aivd_comprar_21	Difficulty shopping for groceries 2021 Dificultad para comprar víveres/mandados 2021
-----------------	---

		Freq.	Percent	Cum.
0.No		13,045	82.88	82.88
1.Yes		1,428	9.07	91.96
.p		1,255	7.97	99.93
.r		10	0.06	99.99
.x		1	0.01	100.00
Total		15,739	100.00	

aivd_comidas_21	Difficulty preparing a hot meal 2021 Dificultad para preparar una comida caliente 2021
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		Freq.	Percent	Cum.
0.No		13,707	87.09	87.09
1.Yes		765	4.86	91.95
.p		1,255	7.97	99.92
.r		10	0.06	99.99
.x		2	0.01	100.00
Total		15,739	100.00	

aivd_gru_21	Number of IADLs limitations (cat.) 2021 Número de AIVDs con limitación (cat.) 2021
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		Freq.	Percent	Cum.
0. No limitations		12,729	80.88	80.88
1. 1 limitation		995	6.32	87.20
2. 2 limitations		455	2.89	90.09
3. 3+ limitations		290	1.84	91.93
.d		1	0.01	91.94
.p		1,255	7.97	99.91
.r		10	0.06	99.97
.x		4	0.03	100.00
Total		15,739	100.00	

n_aivd_21	Number of IADLs limitations (0-4) 2021 Número de AIVDs con limitación (0-4) 2021
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Variable		Obs	Mean	Std. Dev.	Min	Max
n_aivd_21		14,469	.200152	.6272518	0	4

	Freq.	Percent	Cum.
.d	1	0.08	0.08
.p	1,255	98.82	98.90
.r	10	0.79	99.69
.x	4	0.31	100.00
Total	1,270	100.00	

deprimido_21 Most of past week: Felt depressed 2021
Durante la semana pasada: Se ha sentido deprimido 2021

	Freq.	Percent	Cum.
0.No	10,149	64.48	64.48
1.Yes	4,329	27.50	91.99
.d	2	0.01	92.00
.p	1,255	7.97	99.97
.r	4	0.03	100.00
Total	15,739	100.00	

esfuerzo_21 Most of past week: Felt that everything they do is an effort 2021
Durante la semana pasada: Ha sentido que todo era esfuerzo 2021

	Freq.	Percent	Cum.
0.No	10,081	64.05	64.05
1.Yes	4,390	27.89	91.94
.d	5	0.03	91.98
.p	1,255	7.97	99.95
.r	8	0.05	100.00
Total	15,739	100.00	

intranquilo_21 Most of past week: Felt their sleep was restless 2021
Durante la semana pasada: Ha tenido sueño intranquilo 2021

	Freq.	Percent	Cum.
0.No	8,615	54.74	54.74
1.Yes	5,863	37.25	91.99
.d	3	0.02	92.01
.p	1,255	7.97	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

feliz_21

Most of past week: Felt happy 2021
Durante la semana pasada: Se ha sentido feliz 2021

	Freq.	Percent	Cum.
0.No	2,647	16.82	16.82
1.Yes	11,808	75.02	91.84
.d	19	0.12	91.96
.p	1,255	7.97	99.94
.r	10	0.06	100.00
Total	15,739	100.00	

solo_21

Most of past week: Felt lonely 2021
Durante la semana pasada: Se ha sentido solo 2021

	Freq.	Percent	Cum.
0.No	10,530	66.90	66.90
1.Yes	3,947	25.08	91.98
.d	3	0.02	92.00
.p	1,255	7.97	99.97
.r	4	0.03	100.00
Total	15,739	100.00	

disf_vida_21

Most of past week: Felt that they enjoyed life 2021
Durante la semana pasada: Ha sentido que disfrutaba de la vida 2021

	Freq.	Percent	Cum.
0.No	2,976	18.91	18.91
1.Yes	11,480	72.94	91.85
.d	18	0.11	91.96
.p	1,255	7.97	99.94
.r	10	0.06	100.00
Total	15,739	100.00	

triste_21

Most of past week: Felt sad 2021
Durante la semana pasada: Se ha sentido triste 2021

	Freq.	Percent	Cum.
0.No	9,179	58.32	58.32
1.Yes	5,298	33.66	91.98
.d	4	0.03	92.01
.p	1,255	7.97	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

cansado_21 Most of past week: Felt tired 2021
Durante la semana pasada: Se ha sentido cansado 2021

	Freq.	Percent	Cum.
0.No	6,744	42.85	42.85
1.Yes	7,732	49.13	91.98
.d	4	0.03	92.00
.p	1,255	7.97	99.97
.r	4	0.03	100.00
Total	15,739	100.00	

energia_21 Most of past week: Felt that they had a lot of energy 2021
Durante la semana pasada: Ha tenido mucha energía 2021

	Freq.	Percent	Cum.
0.No	7,558	48.02	48.02
1.Yes	6,910	43.90	91.92
.d	9	0.06	91.98
.p	1,255	7.97	99.96
.r	7	0.04	100.00
Total	15,739	100.00	

n_sint_depr_21 Number of CES-D depressive symptoms (0-9) 2021
Número de síntomas depresivos CES-D (0-9) 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
n_sint_depr_21	14,459	3.088457	2.568576	0	9

	Freq.	Percent	Cum.
.d	1	0.08	0.08
.p	1,255	98.05	98.12
.r	24	1.88	100.00
Total	1,280	100.00	

cesd_deprimido_21 Has 5+ CES-D depressive symptoms 2021
Con 5 o más síntomas depresivos CES-D 2021

	Freq.	Percent	Cum.
0.No	10,448	66.38	66.38
1.Yes	4,011	25.48	91.87
.d	1	0.01	91.87
.p	1,255	7.97	99.85
.r	24	0.15	100.00
Total	15,739	100.00	

hipertension_21 Has been diagnosed with hypertension/high blood pressure 2021
Alguna vez le han dicho que tiene hipertensión/presión arterial alta 2021

	Freq.	Percent	Cum.
0.No	8,370	53.18	53.18
1.Yes	7,364	46.79	99.97
.d	4	0.03	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

diabetes_21 Has been diagnosed with diabetes 2021
Alguna vez le han dicho que tiene diabetes 2021

	Freq.	Percent	Cum.
0.No	11,594	73.66	73.66
1.Yes	4,130	26.24	99.90
.d	13	0.08	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

enf_pulm_21 Has been diagnosed with respiratory illness 2021
Alguna vez le han dicho que tiene enfermedad pulmonar 2021

	Freq.	Percent	Cum.
0.No	14,923	94.82	94.82
1.Yes	812	5.16	99.97
.d	4	0.03	100.00
Total	15,739	100.00	

prob_card_21 Has been diagnosed with heart problems 2021
Alguna vez le han dicho que tiene problema de corazón 2021

	Freq.	Percent	Cum.
0.No	14,714	93.49	93.49
1.Yes	1,017	6.46	99.95
.d	7	0.04	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

artritis_21 Has been diagnosed with arthritis 2021
Alguna vez le han dicho que tiene artritis 2021

	Freq.	Percent	Cum.
0.No	13,954	88.66	88.66
1.Yes	1,779	11.30	99.96
.d	6	0.04	100.00
Total	15,739	100.00	

infarto_21 Has been told he/she had a heart attack 2021
Alguna vez le han dicho que ha tenido ataque/infarto al corazón 2021

	Freq.	Percent	Cum.
0.No	15,166	96.36	96.36
1.Yes	564	3.58	99.94
.d	7	0.04	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

embolia_21 Has been told he/she had a stroke 2021
Alguna vez le han dicho que ha tenido embolia 2021

	Freq.	Percent	Cum.
0.No	15,329	97.40	97.40
1.Yes	405	2.57	99.97
.d	5	0.03	100.00
Total	15,739	100.00	

cancer_21 Has been diagnosed with cancer 2021
Alguna vez le han dicho que ha tenido cáncer 2021

	Freq.	Percent	Cum.
0.No	15,299	97.20	97.20
1.Yes	435	2.76	99.97
.d	5	0.03	100.00
Total	15,739	100.00	

n_enf_21 Number of illnesses (0-7) 2021
Número de enfermedades (0-7) 2021

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_21	15,701	.9844596	.9591068	0	6

	Freq.	Percent	Cum.
.d	33	86.84	86.84
.r	5	13.16	100.00
Total	38	100.00	

enf_cat_18 Number of illnesses (cat.) 2021
Número de enfermedades (cat.) 2021

	Freq.	Percent	Cum.
0. No illness	5,872	37.31	37.31
1. 1 illness	5,462	34.70	72.01
2. 2+ illnesses	4,367	27.75	99.76
.d	33	0.21	99.97
.r	5	0.03	100.00
Total	15,739	100.00	

imc_cat_21 Body Mass Index (cat.) 2021
Índice de Masa Corporal (cat.) 2021

	Freq.	Percent	Cum.
1.Underweight	285	1.81	1.81
2.Normal weight	4,353	27.66	29.47
3.Overweight	5,819	36.97	66.44
4.Obese	3,633	23.08	89.52
5.Morbidly obese	322	2.05	91.57
.d	1,282	8.15	99.71
.r	45	0.29	100.00
Total	15,739	100.00	

ejer_3_por_sem_21	Exercises 3+ times per week on average 2021 Hace ejercicio 3+ veces por semana 2021
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	Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>			
0.No	9,733	61.84	61.84
1.Yes	4,747	30.16	92.00
.d	2	0.01	92.01
.p	1,255	7.97	99.99
.r	2	0.01	100.00
<hr style="border-top: 1px dashed black;"/>			
Total	15,739	100.00	

alcohol_21	Currently drinks alcohol 2021 Actualmente consume alcohol 2021
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	Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>			
0.No	11,448	72.74	72.74
1.Yes	4,288	27.24	99.98
.d	1	0.01	99.99
.r	2	0.01	100.00
<hr style="border-top: 1px dashed black;"/>			
Total	15,739	100.00	

tabaco_21	Currently smokes 2021 Actualmente fuma 2021
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	Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>			
0.No	14,067	89.38	89.38
1.Yes	1,658	10.53	99.91
.d	10	0.06	99.97
.r	4	0.03	100.00
<hr style="border-top: 1px dashed black;"/>			
Total	15,739	100.00	

prueba_colon_21	Preventive care: Tested for colon cancer 2021 Cuidados preventivos: Prueba para detección del cáncer de colon 2021
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	Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>			
0.No	14,936	94.90	94.90
1.Yes	783	4.97	99.87
.d	17	0.11	99.98
.r	3	0.02	100.00
<hr style="border-top: 1px dashed black;"/>			
Total	15,739	100.00	

mide_col_21 Preventive care: Measured cholesterol in blood 2021
 Cuidados preventivos: Se mide el colesterol en sangre 2021

	Freq.	Percent	Cum.
0.No	6,578	41.79	41.79
1.Yes	9,149	58.13	99.92
.d	11	0.07	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

prueba_tuber_21 Preventive care: Tested for tuberculosis 2021
 Cuidados preventivos: Prueba para la tuberculosis 2021

	Freq.	Percent	Cum.
0.No	14,107	89.63	89.63
1.Yes	1,583	10.06	99.69
.d	48	0.30	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

prueba_diab_21 Preventive care: Tested for diabetes 2021
 Cuidados preventivos: Prueba para la diabetes 2021

	Freq.	Percent	Cum.
0.No	5,702	36.23	36.23
1.Yes	10,024	63.69	99.92
.d	10	0.06	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

prueba_pres_21 Preventive care: Tested for hypertension/high blood pressure 2021
 Cuidados preventivos: Prueba para la hipertensión/presión alta 2021

	Freq.	Percent	Cum.
0.No	5,509	35.00	35.00
1.Yes	10,217	64.92	99.92
.d	10	0.06	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

vacu_gripa_21 Preventive care: Vaccinated against flu 2021
Cuidados preventivos: Vacuna contra influenza 2021

	Freq.	Percent	Cum.
0.No	6,014	38.21	38.21
1.Yes	9,698	61.62	99.83
.d	24	0.15	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

vacu_neumo_21 Preventive care: Vaccinated against pneumonia 2021
Cuidados preventivos: Vacuna contra la neumonía 2021

	Freq.	Percent	Cum.
0.No	13,697	87.03	87.03
1.Yes	1,943	12.35	99.37
.d	94	0.60	99.97
.r	5	0.03	100.00
Total	15,739	100.00	

vacu_covid_21 Preventive care: Vaccinated against COVID 2021
Cuidados preventivos: Vacuna contra COVID 2021

	Freq.	Percent	Cum.
0.No	13,697	87.03	87.03
1.Yes	1,943	12.35	99.37
.d	94	0.60	99.97
.r	5	0.03	100.00
Total	15,739	100.00	

auto_exam_mama_21 Preventive care: Monthly breast self-exam (women) 2021
Cuidados preventivos: Auto-examen mensual de senos (mujeres) 2021

	Freq.	Percent	Cum.
0.No	3,535	22.46	22.46
1.Yes	4,933	31.34	53.80
.d	2	0.01	53.82
.p	1,255	7.97	61.79
.r	13	0.08	61.87
.s	5,982	38.01	99.88
.x	19	0.12	100.00
Total	15,739	100.00	

papanic_21 Preventive care: Pap smear (women) 2021
 Cuidados preventivos: Prueba Papanicolau (mujeres) 2021

	Freq.	Percent	Cum.
0.No	4,772	30.32	30.32
1.Yes	3,614	22.96	53.28
.d	3	0.02	53.30
.p	1,255	7.97	61.27
.r	13	0.08	61.36
.s	5,982	38.01	99.36
.x	100	0.64	100.00
Total	15,739	100.00	

mamografia_21 Preventive care: Mammogram/breast x-ray (women) 2021
 Cuidados preventivos: Mamografía/radiografía de senos (mujeres) 2021

	Freq.	Percent	Cum.
0.No	4,797	30.48	30.48
1.Yes	3,676	23.36	53.83
.d	2	0.01	53.85
.p	1,255	7.97	61.82
.r	13	0.08	61.90
.s	5,982	38.01	99.91
.x	14	0.09	100.00
Total	15,739	100.00	

exam_prostata_21 Preventive care: Prostate exam (men)
 (men) 2021
 Cuidados preventivos: Examen de próstata (hombres) 2021

	Freq.	Percent	Cum.
0.No	4,362	27.71	27.71
1.Yes	1,450	9.21	36.93
.d	8	0.05	36.98
.p	1,255	7.97	44.95
.r	16	0.10	45.05
.s	8,502	54.02	99.07
.x	146	0.93	100.00
Total	15,739	100.00	

dormido_21 Difficulty falling asleep 2021
Dificultad para quedarse dormido 2021

	Freq.	Percent	Cum.
0.No	8,402	53.38	53.38
1.Yes	6,079	38.62	92.01
.d	1	0.01	92.01
.p	1,255	7.97	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

dormido_cat_21 Difficulty falling asleep (cat.) 2021
Dificultad para quedarse dormido (cat.) 2021

	Freq.	Percent	Cum.
1.Most of the time	1,731	11.00	11.00
2.Sometimes	4,348	27.63	38.62
3.Rarely or never	8,402	53.38	92.01
.d	1	0.01	92.01
.p	1,255	7.97	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

hospitalizacion_21 Last 12 months: Has been hospitalized (at least one night) 2021
Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2021

	Freq.	Percent	Cum.
0.No	14,150	89.90	89.90
1.Yes	1,582	10.05	99.96
.d	7	0.04	100.00
Total	15,739	100.00	

visita_medica_2 Last 12 months: Has visited doctor/medical personnel (at least once) 2021
Últimos 12 meses: Tuvo visitas al médico (al menos una) 2021

	Freq.	Percent	Cum.
0.No	4,663	29.63	29.63
1.Yes	11,055	70.24	99.87
.d	18	0.11	99.98
.r	3	0.02	100.00
Total	15,739	100.00	

ciru_ambu_21 Last 12 months: Has had outpatient procedures (at least one) 2021
 Últimos 12 meses: Tuvo cirugía ambulatoria (al menos una) 2021

	Freq.	Percent	Cum.
0.No	15,171	96.39	96.39
1.Yes	565	3.59	99.98
.d	2	0.01	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

visita_dental_21 Last 12 months: Has visited dentist (at least once) 2021
 Últimos 12 meses: Tuvo visita(s) al dentista (al menos una) 2021

	Freq.	Percent	Cum.
0.No	10,267	65.23	65.23
1.Yes	5,461	34.70	99.93
.d	10	0.06	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

imss_21 Has health care coverage with IMSS 2021
 Tiene derecho a servicio médico en IMSS 2021

	Freq.	Percent	Cum.
0.No	8,193	52.06	52.06
1.Yes	7,530	47.84	99.90
.d	15	0.10	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

issste_21 Has health care coverage with ISSSTE/ISSSTE Estatal 2021
 Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal 2021

	Freq.	Percent	Cum.
0.No	13,144	83.51	83.51
1.Yes	2,587	16.44	99.95
.d	6	0.04	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

<code>insabi_21</code>	Has health care coverage with INSABI 2021 Tiene derecho a servicio médico en INSABI 2021
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		13,826	87.85	87.85
1.Yes		1,872	11.89	99.74
.d		40	0.25	99.99
.r		1	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

<code>pem_def_mar_21</code>	Has health care coverage with PEMEX, Defensa, or Marina 2021 Tiene derecho a servicio médico en Pemex, Defensa o Marina 2021
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		15,403	97.87	97.87
1.Yes		333	2.12	99.98
.d		2	0.01	99.99
.r		1	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

<code>seguro_privado_21</code>	Has health care coverage with private health insurance 2021 Tiene derecho a seguro médico privado 2021
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		15,503	98.50	98.50
1.Yes		229	1.45	99.96
.d		5	0.03	99.99
.r		2	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

<code>otro_seguro_21</code>	Has health care coverage with other health insurance 2021 Tiene derecho a otro seguro médico 2021
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0.No		15,558	98.85	98.85
1.Yes		177	1.12	99.97
.d		2	0.01	99.99
.r		2	0.01	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		15,739	100.00	

seguro_medico_21

Has health insurance 2021
 Tiene derechohabencia 2021

	Freq.	Percent	Cum.
0.No	4,072	25.87	25.87
1.Yes	11,616	73.80	99.68
.d	49	0.31	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

peso_decis_famil_21

Weight in family decisions: Respondent or spouse 2021
 Peso en decisiones familiares: entrevistado o cónyuge 2021

	Freq.	Percent	Cum.
1.Respondent	2,210	14.04	14.04
2.Approximately equal weight	5,989	38.05	52.09
3.Spouse	1,412	8.97	61.06
.d	5	0.03	61.10
.p	1,255	7.97	69.07
.r	3	0.02	69.09
.s	4,865	30.91	100.00
Total	15,739	100.00	

peso_decis_personal_21

Weight that the subject has over personal decisions 2021
 Peso que tiene el sujeto en decisiones personales 2021

	Freq.	Percent	Cum.
1.A lot	11,963	76.01	76.01
2.A little	2,117	13.45	89.46
3.None	364	2.31	91.77
.d	31	0.20	91.97
.p	1,255	7.97	99.94
.r	9	0.06	100.00
Total	15,739	100.00	

pref_decis_med_21 Preference regarding medical decisions 2021
Preferencia en cuanto a decisiones médicas 2021

	Freq.	Percent	Cum.
1.R and/or family make the decision	7,378	46.88	46.88
2.Decision is made between doctor and R	4,901	31.14	78.02
3.Letting the doctor make the decision	2,146	13.63	91.65
.d	49	0.31	91.96
.p	1,255	7.97	99.94
.r	10	0.06	100.00
Total	15,739	100.00	

cuida_adulto_21 Use of time: Looks after sick or disabled adult 2021
Uso del tiempo: Cuida a un adulto enfermo o discapacitado 2021

	Freq.	Percent	Cum.
0.No	11,914	75.70	75.70
1.Yes	2,569	16.32	92.02
.p	1,255	7.97	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

cuida_menor_21 Use of time: Looks after child(ren) under 12 2021
Uso del tiempo: Cuida a niños menores de 12 años 2021

	Freq.	Percent	Cum.
0.No	10,841	68.88	68.88
1.Yes	3,642	23.14	92.02
.d	1	0.01	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

voluntario_21 Use of time: Volunteers for non-profit org. without compensation 2021
Uso del tiempo: Voluntariado a org. civil sin pago 2021

	Freq.	Percent	Cum.
0.No	13,436	85.37	85.37
1.Yes	1,047	6.65	92.02
.d	1	0.01	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

asiste_cursos_21 Use of time: Attends training course, lecture, or class 2021
 Uso del tiempo: Asiste a curso de capacitación, plática o clase 2021

	Freq.	Percent	Cum.
0.No	13,593	86.37	86.37
1.Yes	890	5.65	92.02
.p	1,255	7.97	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

asiste_club_21 Use of time: Attends sports or social club 2021
 Uso del tiempo: Asiste a un deportivo o club social 2021

	Freq.	Percent	Cum.
0.No	13,847	87.98	87.98
1.Yes	637	4.05	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

lee_21 Use of time: Reads books/magazines/newspaper 2021
 Uso del tiempo: Lee algún libro/revista/periódico 2021

	Freq.	Percent	Cum.
0.No	7,449	47.33	47.33
1.Yes	7,020	44.60	91.93
.d	14	0.09	92.02
.p	1,255	7.97	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

cruci_rompe_21 Use of time: Does crosswords/jigsaw puzzles/number games 2021
 Uso del tiempo: Hace crucigramas/rompecabezas/juegos de números 2021

	Freq.	Percent	Cum.
0.No	11,260	71.54	71.54
1.Yes	3,222	20.47	92.01
.d	2	0.01	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

juegos_mesa_21 Use of time: Plays tabletop games like cards/dominoes/chess 2021
 Uso del tiempo: Juega juegos de mesa como cartas/domino/ajedrez 2021

	Freq.	Percent	Cum.
0.No	11,702	74.35	74.35
1.Yes	2,778	17.65	92.00
.d	4	0.03	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

comu_telef_comp_21 Use of time: Talks on phone or sends messages/uses web on computer
 2021
 Uso del tiempo: Habla por teléfono/envía mensajes o usa web por computadora 2021

	Freq.	Percent	Cum.
0.No	2,286	14.52	14.52
1.Yes	12,193	77.47	91.99
.d	3	0.02	92.01
.p	1,255	7.97	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

act_mant_21 Use of time: Maintains house, does repairs, gardening, etc. 2021
 Uso del tiempo: Mantenimiento del hogar/reparaciones/jardinería etc. 2021

	Freq.	Percent	Cum.
0.No	5,778	36.71	36.71
1.Yes	8,704	55.30	92.01
.d	1	0.01	92.02
.p	1,255	7.97	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

ve_tv_21 Use of time: Watches television 2021
 Uso del tiempo: Ve televisión 2021

	Freq.	Percent	Cum.
0.No	1,798	11.42	11.42
1.Yes	12,686	80.60	92.03
.p	1,255	7.97	100.00
Total	15,739	100.00	

cose_21 Use of time: Sews/embroiders/knits/makes crafts 2021
 Uso del tiempo: Cose/borda/teje/realiza manualidades 2021

	Freq.	Percent	Cum.
0.No	10,934	69.47	69.47
1.Yes	3,548	22.54	92.01
.d	1	0.01	92.02
.p	1,255	7.97	99.99
.r	1	0.01	100.00
Total	15,739	100.00	

vida_ideal_21 Life satisfaction: Life is close to ideal 2021
 Satisfacción con la vida: Su vida está cerca de su ideal 2021

	Freq.	Percent	Cum.
1.Agrees	11,237	71.40	71.40
2.Neither agrees, nor disagrees	1,651	10.49	81.89
3.Disagrees	1,511	9.60	91.49
.d	52	0.33	91.82
.p	1,255	7.97	99.79
.r	33	0.21	100.00
Total	15,739	100.00	

cond_excel_21 Life satisfaction: The conditions of life are excellent 2021
 Satisfacción con la vida: Las condiciones de su vida son excelentes 2021

	Freq.	Percent	Cum.
1.Agrees	10,203	64.83	64.83
2.Neither agrees, nor disagrees	2,596	16.49	81.32
3.Disagrees	1,646	10.46	91.78
.d	19	0.12	91.90
.p	1,255	7.97	99.87
.r	20	0.13	100.00
Total	15,739	100.00	

satisfecho_21 Life satisfaction: Satisfied with their life 2021
Satisfacción con la vida: Está satisfecho con su vida 2021

	Freq.	Percent	Cum.
1.Agrees	12,795	81.29	81.29
2.Neither agrees, nor disagrees	960	6.10	87.39
3.Disagrees	699	4.44	91.84
.d	15	0.10	91.93
.p	1,255	7.97	99.90
.r	15	0.10	100.00
Total	15,739	100.00	

cosas_imp_21 Life satisfaction: Has achieved the things important to them 2021
Satisfacción con la vida: Ha conseguido las cosas importantes en la vida 2021

	Freq.	Percent	Cum.
1.Agrees	12,287	78.07	78.07
2.Neither agrees, nor disagrees	1,250	7.94	86.01
3.Disagrees	904	5.74	91.75
.d	23	0.15	91.90
.p	1,255	7.97	99.87
.r	20	0.13	100.00
Total	15,739	100.00	

no_cambio_21 Life satisfaction: Would change almost nothing about their life 2021
Satisfacción con la vida: No cambiaría casi nada de su vida si pudiera 2021

	Freq.	Percent	Cum.
1.Agrees	10,599	67.34	67.34
2.Neither agrees, nor disagrees	1,706	10.84	78.18
3.Disagrees	2,103	13.36	91.54
.d	48	0.30	91.85
.p	1,255	7.97	99.82
.r	28	0.18	100.00
Total	15,739	100.00	

falta_compa_21 Loneliness: How often he/she feels that they lack companionship 2021
Soledad: Frecuencia en la que se siente que le falta compañía 2021

	Freq.	Percent	Cum.
1.Almost never	10,126	64.34	64.34
2.At times	3,084	19.59	83.93
3.Frequently	1,258	7.99	91.92
.d	4	0.03	91.95
.p	1,255	7.97	99.92
.r	12	0.08	100.00
Total	15,739	100.00	

ignorado_21 Loneliness: How often he/she feels ignored by others 2021
Soledad: Frecuencia en la que se siente aislado, apartado de los demás 2021

	Freq.	Percent	Cum.
1.Almost never	11,316	71.90	71.90
2.At times	2,442	15.52	87.41
3.Frequently	708	4.50	91.91
.d	5	0.03	91.94
.p	1,255	7.97	99.92
.r	13	0.08	100.00
Total	15,739	100.00	

aislado_21 Loneliness: How often he/she feels cut off or isolated from others
Soledad: Con qué frecuencia se siente aislado, apartado de los demás 2021

How often R feels cut off or isolated from others 2021	Freq.	Percent	Cum.
1.Almost never	11,650	74.02	74.02
2.At times	2,117	13.45	87.47
3.Frequently	698	4.43	91.91
.d	8	0.05	91.96
.p	1,255	7.97	99.93
.r	11	0.07	100.00
Total	15,739	100.00	

ocupacion_21	Employment status 2021
	Estado de empleo 2021

	Freq.	Percent	Cum.
1. Currently Working	5,863	37.25	37.25
2. Currently looking for work	321	2.04	39.29
3. Dedicated to household chores	4,246	26.98	66.27
4. Retired, incapacitated, or does not work	5,307	33.72	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

memoria_21	Self-report of memory 2021
	Auto-reporte de Memoria 2021

	Freq.	Percent	Cum.
1. Excellent	610	3.88	3.88
2. Very good	955	6.07	9.94
3. Good	5,072	32.23	42.17
4. Regular	7,092	45.06	87.23
5. Poor	740	4.70	91.93
.d	6	0.04	91.97
.p	1,255	7.97	99.94
.r	9	0.06	100.00
Total	15,739	100.00	

covid_21	Has ever been told you had/have COVID-19 2021
	Alguna vez le han dicho que tuvo o tiene COVID-19 2021

	Freq.	Percent	Cum.
0. No	13,566	86.19	86.19
1. Yes	2,164	13.75	99.94
.d	7	0.04	99.99
.r	2	0.01	100.00
Total	15,739	100.00	

covid_lim_21	This disease (COVID-19) limits your normal activities 2021
	Esta enfermedad (COVID-19) le limita sus actividades diarias 2021

	Freq.	Percent	Cum.
0. No	1,489	9.46	9.46
1. Yes	673	4.28	13.74
.d	2	0.01	13.75
.s	13,575	86.25	100.00
Total	15,739	100.00	

Total | 15,739 100.00

covid_cons_21 Consulted with a doctor or medical personnel due to COVID-19 2021
 Consultó con un doctor o personal médico debido a COVID-19 2021

	Freq.	Percent	Cum.
0.No	12,074	76.71	76.71
1.Yes	2,441	15.51	92.22
.d	2	0.01	92.24
.s	1,222	7.76	100.00
Total	15,739	100.00	

covid_hosp_21 Was hospitalized due to COVID-19 2021
 Estuvo hospitalizado debido a COVID-19 2021

	Freq.	Percent	Cum.
0.No	14,373	91.32	91.32
1.Yes	143	0.91	92.23
.r	1	0.01	92.24
.s	1,222	7.76	100.00
Total	15,739	100.00	

2018

cunicah Unique Household ID
Clave Única del Hogar (=unhhid)

Not tabulated

np Person Number
Número de Persona

Not tabulated

subhog_18 2018 sub-household identifier
2018 identificador del subhogar

Not tabulated

tipent_18 Type of interview 2018
Tipo de entrevista 2018

	Freq.	Percent	Cum.
1.Direct, follow-up interview	11,183	65.34	65.34
2.Direct, new sample interview	4,603	26.90	92.24
3.Proxy, follow-up interview	1,122	6.56	98.80
4.Proxy, new sample interview	206	1.20	100.00
Total	17,114	100.00	

new_sample_18 Follow-up and new sample/spouses 2018
Muestra de seguimiento y muestra nueva/nueva pareja 2018

	Freq.	Percent	Cum.
1.R from follow-up sample	12,293	71.83	71.83
2.R from follow-up sample w/o information	12	0.07	71.90
3.New spouse from follow-up sample	73	0.43	72.33
4.New person from 2018 new sample	4,736	27.67	100.00
Total	17,114	100.00	

factori_18 Individual weight 2018
Factor de expansión individual 2018

Not tabulated

factorh_18 Household weight 2018
Factor de expansión del hogar 2018

Not tabulated

genero	Gender Género
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
1. Male		7,198	42.06	42.06
2. Female		9,916	57.94	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		17,114	100.00	

edad_18	Age (years) 2018 Edad (en años) 2018
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Variable		Obs	Mean	Std. Dev.	Min	Max
<hr style="border-top: 1px dashed black;"/>						
edad_18		17,094	64.15538	11.5132	17	107
<hr style="border-top: 1px dashed black;"/>						
		Freq.	Percent	Cum.		
<hr style="border-top: 1px dashed black;"/>						
.d		15	75.00	75.00		
.r		5	25.00	100.00		
<hr style="border-top: 1px dashed black;"/>						
Total		20	100.00			

edad_gru_18	Age (cat.) 2018 Edad (cat.) 2018
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0. 49 or under		895	5.23	5.23
1. 50-59		6,086	35.56	40.79
2. 60-69		4,430	25.89	66.68
3. 70-79		3,839	22.43	89.11
4. 80+		1,844	10.77	99.88
.d		15	0.09	99.97
.r		5	0.03	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		17,114	100.00	

urbano_18	Locality size (urban/rural) 2018 Tamaño de Localidad (urbano/rural) 2018
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0. <100,000		7,590	44.35	44.35
1. 100,000+		9,524	55.65	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		17,114	100.00	

educacion

Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	16,957	6.595978	4.887391	0	22
	Freq.	Percent	Cum.		
.d	98	62.42	62.42		
.m	51	32.48	94.90		
.r	8	5.10	100.00		
Total	157	100.00			

edu_gru

Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	2,339	13.67	13.67
1. 1-5 years	4,194	24.51	38.17
2. 6 years	3,603	21.05	59.23
3. 7-9 years	3,552	20.75	79.98
4. 10+ years	3,269	19.10	99.08
.d	98	0.57	99.66
.m	51	0.30	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

est_conyugal_18

Marital status 2018
Estado Conyugal 2018

	Freq.	Percent	Cum.
1.Married or in civil union	11,838	69.17	69.17
2.Separated or divorced	1,325	7.74	76.91
3.Widowed	3,047	17.80	94.72
4.Single	904	5.28	100.00
Total	17,114	100.00	

n_union_18

Number of unions 2018
Número de uniones 2018

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_18	16,893	1.213106	.703532	0	21

	Freq.	Percent	Cum.
.d	124	56.11	56.11
.e	2	0.90	57.01
.m	51	23.08	80.09
.r	44	19.91	100.00
Total	221	100.00	

n_unionos_gru_18

Number of unions (cat.) 2018
Número de uniones (cat.) 2018

	Freq.	Percent	Cum.
0. 0	647	3.78	3.78
1. 1	13,304	77.74	81.52
2. 2	2,063	12.05	93.57
3. 3+	879	5.14	98.71
.d	124	0.72	99.43
.e	2	0.01	99.44
.m	51	0.30	99.74
.r	44	0.26	100.00
Total	17,114	100.00	

n_hijos_vivos_18

Number of living children 2018
Número de hijos vivos 2018

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_18	17,080	4.119731	2.631652	0	22

	Freq.	Percent	Cum.
.d	23	67.65	67.65
.r	11	32.35	100.00
Total	34	100.00	

hijos_vivos_gru_18

Number of living children (cat.) 2018
Número de hijos vivos (cat.) 2018

	Freq.	Percent	Cum.
0. No children	879	5.14	5.14
1. 1 or 2	3,841	22.44	27.58
2. 3 or 4	6,360	37.16	64.74
3. 5 or 6	3,162	18.48	83.22
4. 7+	2,838	16.58	99.80
.d	23	0.13	99.94
.r	11	0.06	100.00
Total	17,114	100.00	

migracion_18

Has lived/worked in the U.S. 2018
Ha trabajado/vivido en EE.UU. 2018

	Freq.	Percent	Cum.
0.No	15,301	89.41	89.41
1.Yes	1,813	10.59	100.00
Total	17,114	100.00	

salud_glob_18

Self-report of global health 2018
Auto-reporte de salud global 2018

	Freq.	Percent	Cum.
1.Excelente	445	2.60	2.60
2.Muy Buena	796	4.65	7.25
3.Buena	4,670	27.29	34.54
4.Regular	8,381	48.97	83.51
5.Mala	1,491	8.71	92.22
.d	1	0.01	92.23
.p	1,328	7.76	99.99
.r	2	0.01	100.00
Total	17,114	100.00	

abvd_vestirse_18

Difficulty dressing themselves 2018
Dificultad para vestirse 2018

	Freq.	Percent	Cum.
0.No	14,151	82.69	82.69
1.Yes	1,601	9.35	92.04
.d	2	0.01	92.05
.i	17	0.10	92.15
.p	1,328	7.76	99.91
.r	8	0.05	99.96
.x	7	0.04	100.00
Total	17,114	100.00	

abvd_caminar_18

Difficulty walking from one side of a room to the other 2018
Dificultad para cruzar un cuarto 2018

	Freq.	Percent	Cum.
0.No	15,622	91.28	91.28
1.Yes	1,378	8.05	99.33
.d	4	0.02	99.36
.i	18	0.11	99.46
.r	85	0.50	99.96
.x	7	0.04	100.00
Total	17,114	100.00	

abvd_gru_18

Number of limitations with ADLs (cat.) 2018
Número de limitaciones con ABVDs (cat.) 2018

	Freq.	Percent	Cum.
0. No limitations	14,703	85.91	85.91
1. 1 limitation	1,021	5.97	91.88
2. 2 limitations	469	2.74	94.62
3. 3+ limitations	779	4.55	99.17
.d	6	0.04	99.21
.i	18	0.11	99.31
.r	89	0.52	99.83
.x	29	0.17	100.00
Total	17,114	100.00	

n_abvd_18

Number of limitations with ADLs (0-5) 2018
Número de limitaciones con ABVDs (0-5) 2018

Variable	Obs	Mean	Std. Dev.	Min	Max
n_abvd_18	16,972	.2983149	.9172539	0	5

	Freq.	Percent	Cum.
.d	6	0.04	99.21
.i	18	0.11	99.31
.r	89	0.52	99.83
.x	29	0.17	100.00
Total	142	100.00	

aivd_dinero_18

Difficulty managing money 2018
Dificultad para manejar dinero 2018

	Freq.	Percent	Cum.
0.No	15,380	89.87	89.87
1.Yes	374	2.19	92.05
.d	2	0.01	92.06
.i	17	0.10	92.16
.p	1,328	7.76	99.92
.r	13	0.08	100.00
Total	17,114	100.00	

aivd_medicina_18

Difficulty taking medications 2018
Dificultad para tomar medicamentos 2018

	Freq.	Percent	Cum.
0.No	15,388	89.91	89.91
1.Yes	366	2.14	92.05
.i	17	0.10	92.15
.p	1,328	7.76	99.91
.r	12	0.07	99.98
.x	3	0.02	100.00
Total	17,114	100.00	

aivd_comprar_18

Difficulty shopping for groceries 2018
Dificultad para comprar víveres/mandados 2018

	Freq.	Percent	Cum.
0.No	14,542	84.97	84.97
1.Yes	1,212	7.08	92.05
.d	2	0.01	92.06
.i	17	0.10	92.16
.p	1,328	7.76	99.92
.r	12	0.07	99.99
.x	1	0.01	100.00
Total	17,114	100.00	

aivd_comidas_18

Difficulty preparing a hot meal 2018
Dificultad para preparar una comida caliente 2018

	Freq.	Percent	Cum.
0.No	14,774	86.33	86.33
1.Yes	682	3.99	90.31
.d	3	0.02	90.33
.i	17	0.10	90.43
.p	1,328	7.76	98.19
.r	13	0.08	98.26
.x	297	1.74	100.00
Total	17,114	100.00	

aivd_gru_18

Number of ADLs limitations (cat.) 2018
 Número de AIVDs con limitación (cat.) 2018

	Freq.	Percent	Cum.
0. No limitations	14,043	82.06	82.06
1. 1 limitation	702	4.10	86.16
2. 2 limitations	428	2.50	88.66
3. 3+ limitations	279	1.63	90.29
.d	4	0.02	90.31
.i	17	0.10	90.41
.p	1,328	7.76	98.17
.r	14	0.08	98.25
.x	299	1.75	100.00
Total	17,114	100.00	

n_aivd_18

Number of ADLs limitations (0-4) 2018
 Número de AIVDs con limitación (0-4) 2018

Variable	Obs	Mean	Std. Dev.	Min	Max
n_aivd_18	15,452	.1632798	.5916733	0	4

	Freq.	Percent	Cum.
.d	4	0.24	0.24
.i	17	1.02	1.26
.p	1,328	79.90	81.17
.r	14	0.84	82.01
.x	299	17.99	100.00
Total	1,662	100.00	

deprimido_18

Most of past week: Felt depressed 2018
 Durante la semana pasada: Se ha sentido deprimido 2018

	Freq.	Percent	Cum.
0.No	10,705	62.55	62.55
1.Yes	5,065	29.60	92.15
.d	8	0.05	92.19
.p	1,328	7.76	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

disf_vida_18 Most of past week: Felt that they enjoyed life 2018
 Durante la semana pasada: Ha sentido que disfrutaba de la vida 2018

	Freq.	Percent	Cum.
0.No	3,429	20.04	20.04
1.Yes	12,306	71.91	91.94
.d	31	0.18	92.12
.p	1,328	7.76	99.88
.r	20	0.12	100.00
Total	17,114	100.00	

triste_18 Most of past week: Felt sad 2018
 Durante la semana pasada: Se ha sentido triste 2018

	Freq.	Percent	Cum.
0.No	9,691	56.63	56.63
1.Yes	6,069	35.46	92.09
.d	8	0.05	92.14
.p	1,328	7.76	99.89
.r	18	0.11	100.00
Total	17,114	100.00	

cansado_18 Most of past week: Felt tired 2018
 Durante la semana pasada: Se ha sentido cansado 2018

	Freq.	Percent	Cum.
0.No	6,602	38.58	38.58
1.Yes	9,165	53.55	92.13
.d	7	0.04	92.17
.p	1,328	7.76	99.93
.r	12	0.07	100.00
Total	17,114	100.00	

energia_18 Most of past week: Felt that they had a lot of energy 2018
 Durante la semana pasada: Ha tenido mucha energía 2018

	Freq.	Percent	Cum.
0.No	8,433	49.28	49.28
1.Yes	7,305	42.68	91.96
.d	27	0.16	92.12
.p	1,328	7.76	99.88
.r	21	0.12	100.00
Total	17,114	100.00	

enf_pulm_18 Has been diagnosed with respiratory illness 2018
 Alguna vez le han dicho que tiene enfermedad pulmonar 2018

	Freq.	Percent	Cum.
0.No	16,096	94.05	94.05
1.Yes	1,005	5.87	99.92
.d	7	0.04	99.96
.r	6	0.04	100.00
Total	17,114	100.00	

prob_card_18 Has been told he/she had a cardiac problem 2018
 Alguna vez le han dicho que tiene problema de corazón 2018

	Freq.	Percent	Cum.
0.No	15,815	92.41	92.41
1.Yes	1,239	7.24	99.65
.d	32	0.19	99.84
.r	28	0.16	100.00
Total	17,114	100.00	

artritis_18 Has been diagnosed with arthritis/rheumatism 2018
 Alguna vez le han dicho que tiene artritis 2018

	Freq.	Percent	Cum.
0.No	15,058	87.99	87.99
1.Yes	2,034	11.89	99.87
.d	17	0.10	99.97
.r	5	0.03	100.00
Total	17,114	100.00	

infarto_18 Has been told he/she had a heart attack 2018
 Alguna vez le han dicho que ha tenido ataque/infarto al corazón 2018

	Freq.	Percent	Cum.
0.No	16,428	95.99	95.99
1.Yes	674	3.94	99.93
.d	7	0.04	99.97
.r	5	0.03	100.00
Total	17,114	100.00	

embolia_18

Has been told he/she had a stroke 2018
 Alguna vez le han dicho que ha tenido embolia 2018

	Freq.	Percent	Cum.
0.No	16,668	97.39	97.39
1.Yes	437	2.55	99.95
.d	5	0.03	99.98
.r	4	0.02	100.00
Total	17,114	100.00	

cancer_18

Has been diagnosed with cancer 2018
 Alguna vez le han dicho que ha tenido cáncer 2018

	Freq.	Percent	Cum.
0.No	16,636	97.21	97.21
1.Yes	462	2.70	99.91
.d	12	0.07	99.98
.r	4	0.02	100.00
Total	17,114	100.00	

n_enf_18

Number of illnesses (0-7) 2018
 Número de enfermedades (0-7) 2018

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_18	17,036	.9504579	.9795738	0	6

	Freq.	Percent	Cum.
.d	63	0.37	99.91
.r	15	0.09	100.00
Total	78	100.00	

enf_cat_18

Number of illnesses (cat.) 2018
 Número de enfermedades (cat.) 2018

	Freq.	Percent	Cum.
0. No illness	6,877	40.18	40.18
1. 1 illness	5,591	32.67	72.85
2. 2+ illnesses	4,568	26.69	99.54
.d	63	0.37	99.91
.r	15	0.09	100.00
Total	17,114	100.00	

imc_cat_18

Body Mass Index (cat.) 2018
Body Mass Index (cat.) 2018

	Freq.	Percent	Cum.
1.Underweight	231	1.35	1.35
2.Normal weight	4,468	26.11	27.46
3.Overweight	6,226	36.38	63.84
4.Obese	3,944	23.05	86.88
5.Morbidly obese	346	2.02	88.90
.d	1,865	10.90	99.80
.r	34	0.20	100.00
Total	17,114	100.00	

ejer_3_por_sem_18

Exercise 3+ times per week on average 2018
Hace ejercicio 3+ veces por semana 2018

	Freq.	Percent	Cum.
0.No	10,268	60.00	60.00
1.Yes	5,504	32.16	92.16
.d	6	0.04	92.19
.p	1,328	7.76	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

alcohol_18

Currently drinks alcohol 2018
Actualmente consume alcohol 2018

	Freq.	Percent	Cum.
0.No	12,414	72.54	72.54
1.Yes	4,691	27.41	99.95
.d	3	0.02	99.96
.r	6	0.04	100.00
Total	17,114	100.00	

tabaco_18

Currently smokes tobacco 2018
Actualmente fuma 2018

	Freq.	Percent	Cum.
0.No	15,136	88.44	88.44
1.Yes	1,960	11.45	99.89
.d	11	0.06	99.96
.r	7	0.04	100.00
Total	17,114	100.00	

prueba_colon_18 Preventive care: Tested for colon cancer 2018
 Cuidados preventivos: Prueba para detección del cáncer de colón 2018

	Freq.	Percent	Cum.
0.No	15,739	91.97	91.97
1.Yes	1,307	7.64	99.60
.d	52	0.30	99.91
.r	16	0.09	100.00
Total	17,114	100.00	

mide_col_18 Preventive care: Measured cholesterol in blood 2018
 Cuidados preventivos: Se mide colesterol en sangre 2018

	Freq.	Percent	Cum.
0.No	5,800	33.89	33.89
1.Yes	11,269	65.85	99.74
.d	31	0.18	99.92
.r	14	0.08	100.00
Total	17,114	100.00	

prueba_tuber_18 Preventive care: Tested for tuberculosis 2018
 Cuidados preventivos: Prueba para la tuberculosis 2018

	Freq.	Percent	Cum.
0.No	14,495	84.70	84.70
1.Yes	2,492	14.56	99.26
.d	105	0.61	99.87
.r	22	0.13	100.00
Total	17,114	100.00	

prueba_diab_18 Cuidados preventivos: Prueba para la diabetes 2018
 Preventive care: Tested for diabetes 2018

	Freq.	Percent	Cum.
0.No	4,906	28.67	28.67
1.Yes	12,169	71.11	99.77
.d	29	0.17	99.94
.r	10	0.06	100.00
Total	17,114	100.00	

prueba_pres_18 Preventive care: Tested for hypertension/high blood pressure 2018
 Cuidados preventivos: Prueba para la hipertensión o presión alta 2018

	Freq.	Percent	Cum.
0.No	4,929	28.80	28.80
1.Yes	12,156	71.03	99.83
.d	20	0.12	99.95
.r	9	0.05	100.00
Total	17,114	100.00	

vacu_gripa_18 Cuidados preventivos: Vacuna contra influenza 2018
 Preventive care: Vaccinated against flu 2018

	Freq.	Percent	Cum.
0.No	7,758	45.33	45.33
1.Yes	9,292	54.29	99.63
.d	54	0.32	99.94
.r	10	0.06	100.00
Total	17,114	100.00	

vacu_neumo_18 Preventive care: Vaccinated against pneumonia 2018
 Cuidados preventivos: Vacuna contra la neumonía 2018

	Freq.	Percent	Cum.
0.No	13,485	78.80	78.80
1.Yes	3,408	19.91	98.71
.d	195	1.14	99.85
.r	26	0.15	100.00
Total	17,114	100.00	

auto_exam_mama_18 Preventive care: Monthly self-exam for knots/lumps in breasts (women) 2018
 Cuidados preventivos: Autoexamen mensual de senos (mujeres) 2018

	Freq.	Percent	Cum.
0.No	3,537	20.67	20.67
1.Yes	5,658	33.06	53.73
.d	18	0.11	53.83
.p	1,328	7.76	61.59
.r	17	0.10	61.69
.s	6,556	38.31	100.00
Total	17,114	100.00	

papanic_18 Preventive care: Pap smear test (women) 2018
 Cuidados preventivos: Prueba Papanicolaou (mujeres) 2018

	Freq.	Percent	Cum.
0.No	3,826	22.36	22.36
1.Yes	5,359	31.31	53.67
.d	19	0.11	53.78
.p	1,328	7.76	61.54
.r	26	0.15	61.69
.s	6,556	38.31	100.00
Total	17,114	100.00	

mamografia_18 Preventive care: Mammogram/breast x-ray (women) 2018
 Cuidados preventivos: Mamografía (mujeres) 2018

	Freq.	Percent	Cum.
0.No	4,240	24.78	24.78
1.Yes	4,958	28.97	53.75
.d	16	0.09	53.84
.p	1,328	7.76	61.60
.r	16	0.09	61.69
.s	6,556	38.31	100.00
Total	17,114	100.00	

exam_prostata_18 Preventive care: Prostate exam (men) 2018
 Cuidados preventivos: Examen de próstata (hombres) 2018

	Freq.	Percent	Cum.
0.No	4,548	26.57	26.57
1.Yes	1,854	10.83	37.41
.d	14	0.08	37.49
.p	1,328	7.76	45.25
.r	11	0.06	45.31
.s	9,230	53.93	99.25
.x	129	0.75	100.00
Total	17,114	100.00	

dormido_18

Has trouble falling asleep 2018
 Tiene dificultad para quedarse dormido 2018

	Freq.	Percent	Cum.
0.No	9,345	54.60	54.60
1.Yes	6,437	37.61	92.22
.d	1	0.01	92.22
.p	1,328	7.76	99.98
.r	3	0.02	100.00
Total	17,114	100.00	

dormido_cat_18

Has trouble falling asleep (cat.) 2018
 Tiene dificultad para quedarse dormido (cat.) 2018

	Freq.	Percent	Cum.
1. Most of the time	2,013	11.76	11.76
2. Sometimes	4,424	25.85	37.61
3. Rarely or never	9,345	54.60	92.22
.d	1	0.01	92.22
.p	1,328	7.76	99.98
.r	3	0.02	100.00
Total	17,114	100.00	

hospitalizacion_18

Last 12 months: Has been hospitalized (at least one night) 2018
 Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2018

	Freq.	Percent	Cum.
0.No	14,714	85.98	85.98
1.Yes	2,332	13.63	99.60
.d	18	0.11	99.71
.r	50	0.29	100.00
Total	17,114	100.00	

visita_medica_18

Last 12 months: Has visited the doctor (at least once) 2018
 Últimos 12 meses: Tuvo visitas al médico (al menos una) 2018

	Freq.	Percent	Cum.
0.No	4,744	27.72	27.72
1.Yes	12,287	71.80	99.52
.d	26	0.15	99.67
.r	57	0.33	100.00
Total	17,114	100.00	

ciru_ambu_18 Last 12 months: Has had outpatient procedures (at least one) 2018
 Últimos 12 meses: Tuvo cirugía ambulatoria (al menos una) 2018

	Freq.	Percent	Cum.
0.No	16,302	95.26	95.26
1.Yes	752	4.39	99.65
.d	8	0.05	99.70
.r	52	0.30	100.00
Total	17,114	100.00	

visita_dental_18 Last 12 months: Has visited dentist (at least once) 2018
 Últimos 12 meses: Tuvo visitas al dentista (al menos una) 2018

	Freq.	Percent	Cum.
0.No	10,357	60.52	60.52
1.Yes	6,681	39.04	99.56
.d	26	0.15	99.71
.r	50	0.29	100.00
Total	17,114	100.00	

imss_18 Has health care covered by IMSS 2018
 Tiene derecho a servicio médico en IMSS 2018

	Freq.	Percent	Cum.
0.No	9,202	53.77	53.77
1.Yes	7,865	45.96	99.73
.d	4	0.02	99.75
.r	43	0.25	100.00
Total	17,114	100.00	

issste_18 Has health care covered by ISSSTE/ISSSTE Estatal 2018
 Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal 2018

	Freq.	Percent	Cum.
0.No	14,424	84.28	84.28
1.Yes	2,636	15.40	99.68
.d	5	0.03	99.71
.r	49	0.29	100.00
Total	17,114	100.00	

seg_pop_18	Has health care covered by Seguro Popular 2018 Tiene derecho a servicio médico en Seguro Popular 2018
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		Freq.	Percent	Cum.
0.No		11,444	66.87	66.87
1.Yes		5,617	32.82	99.69
.d		5	0.03	99.72
.r		48	0.28	100.00
Total		17,114	100.00	

pem_def_mar_18	Has health care covered by PEMEX, Defensa, or Marina 2018 Tiene derecho a servicio médico en Pemex, Defensa o Marina 2018
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		Freq.	Percent	Cum.
0.No		16,701	97.59	97.59
1.Yes		359	2.10	99.68
.d		4	0.02	99.71
.r		50	0.29	100.00
Total		17,114	100.00	

seguro_privado_18	Has health care covered by private health insurance 2018 Tiene derecho a seguro médico privado 2018
-------------------	--

		Freq.	Percent	Cum.
0.No		16,792	98.12	98.12
1.Yes		265	1.55	99.67
.d		3	0.02	99.68
.r		54	0.32	100.00
Total		17,114	100.00	

otro_seguro_18	Has health care covered by other health insurance 2018 Tiene derecho a otro seguro médico 2018
----------------	---

		Freq.	Percent	Cum.
0.No		16,845	98.43	98.43
1.Yes		214	1.25	99.68
.d		3	0.02	99.70
.r		52	0.30	100.00
Total		17,114	100.00	

seguro_medico_18

Has any health insurance 2018
Tiene derechohabencia 2018

	Freq.	Percent	Cum.
0.No	1,619	9.46	9.46
1.Yes	15,449	90.27	99.73
.r	46	0.27	100.00
Total	17,114	100.00	

peso_decis_famil_18

Weight in family decisions: Respondent or spouse 2018
Peso en decisiones familiares: entrevistado o cónyuge 2018

	Freq.	Percent	Cum.
1.Respondent	2,306	13.47	13.47
2.Approximately equal weight	7,033	41.10	54.57
3.Spouse	1,676	9.79	64.36
.d	6	0.04	64.40
.p	1,328	7.76	72.16
.r	7	0.04	72.20
.s	4,758	27.80	100.00
Total	17,114	100.00	

peso_decis_personal_18

Weight in family decisions: Respondent or spouse 2018
Peso en decisiones familiares: entrevistado o cónyuge 2018

	Freq.	Percent	Cum.
1.A lot	13,153	76.86	76.86
2.A little	2,228	13.02	89.87
3.None	288	1.68	91.56
.d	36	0.21	91.77
.p	1,328	7.76	99.53
.r	81	0.47	100.00
Total	17,114	100.00	

pref_decis_med_18

Preference regarding medical decisions 2018
Preferencia del sujeto en cuanto a decisiones médicas 2018

	Freq.	Percent	Cum.
1.R and/or family make the decision	8,190	47.86	47.86
2.Decision is made between doctor and R	5,239	30.61	78.47
3.Letting the doctor make the decision	2,221	12.98	91.45
.d	51	0.30	91.74
.p	1,328	7.76	99.50
.r	85	0.50	100.00
Total	17,114	100.00	

cuida_adulto_18 Use of time: Looks after sick or disabled adult 2018
 Uso del tiempo: Cuida a un adulto enfermo o discapacitado 2018

	Freq.	Percent	Cum.
0.No	12,881	75.27	75.27
1.Yes	2,896	16.92	92.19
.d	2	0.01	92.20
.p	1,328	7.76	99.96
.r	7	0.04	100.00
Total	17,114	100.00	

cuida_menor_18 Use of time: Looks after child(ren) under 12 2018
 Uso del tiempo: Cuida a niños menores de 12 años 2018

	Freq.	Percent	Cum.
0.No	11,442	66.86	66.86
1.Yes	4,335	25.33	92.19
.d	2	0.01	92.20
.p	1,328	7.76	99.96
.r	7	0.04	100.00

voluntario_18 Use of time: Volunteers for non-profit org. without compensation 2018
 Uso del tiempo: Voluntariado/apoyo a org. civil sin pago 2018

	Freq.	Percent	Cum.
0.No	14,048	82.08	82.08
1.Yes	1,726	10.09	92.17
.d	2	0.01	92.18
.p	1,328	7.76	99.94
.r	10	0.06	100.00
Total	17,114	100.00	

asiste_cursos_18 Use of time: Attends training course, lecture, or class 2018
 Uso del tiempo: Asiste a curso de capacitación, plática o clase 2018

	Freq.	Percent	Cum.
0.No	13,754	80.37	80.37
1.Yes	2,020	11.80	92.17
.d	1	0.01	92.18
.p	1,328	7.76	99.94
.r	11	0.06	100.00
Total	17,114	100.00	

asiste_club_18 Use of time: Attends sport or social club 2018
 Uso del tiempo: Asiste a un deportivo o club social 2018

	Freq.	Percent	Cum.
0.No	14,650	85.60	85.60
1.Yes	1,123	6.56	92.16
.d	1	0.01	92.17
.p	1,328	7.76	99.93
.r	12	0.07	100.00
Total	17,114	100.00	

lee_18 Use of time: Reads books/magazines/newspaper 2018
 Uso del tiempo: Lee algún libro/revista/periódico 2018

	Freq.	Percent	Cum.
0.No	7,391	43.19	43.19
1.Yes	8,359	48.84	92.03
.d	23	0.13	92.16
.p	1,328	7.76	99.92
.r	13	0.08	100.00
Total	17,114	100.00	

cruci_rompe_18 Use of time: Does crosswords/jigsaw puzzles/number games 2018
 Uso del tiempo: Hace crucigramas/rompecabezas/juegos de números 2018

	Freq.	Percent	Cum.
0.No	12,487	72.96	72.96
1.Yes	3,283	19.18	92.15
.d	8	0.05	92.19
.p	1,328	7.76	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

juegos_mesa_18 Use of time: Plays tabletop games, e.g. cards/dominoes/chess 2018
 Uso del tiempo: Juega juegos de mesa como cartas/domino/ajedrez 2018

	Freq.	Percent	Cum.
0.No	13,142	76.79	76.79
1.Yes	2,623	15.33	92.12
.d	7	0.04	92.16
.p	1,328	7.76	99.92
.r	14	0.08	100.00
Total	17,114	100.00	

comu_telef_comp_18

Use of time: Talks on phone or sends messages/uses web on computer 2018
 Uso del tiempo: Habla por teléfono/envía mensajes o usa web por computadora 2018

	Freq.	Percent	Cum.
0.No	3,213	18.77	18.77
1.Yes	12,564	73.41	92.19
.d	3	0.02	92.21
.p	1,328	7.76	99.96
.r	6	0.04	100.00
Total	17,114	100.00	

act_mant_18

Use of time: Maintains house, does repairs, gardens, etc. 2018
 Uso del tiempo: Mantenimiento del hogar/reparaciones/jardinería etc. 2018

	Freq.	Percent	Cum.
0.No	6,775	39.59	39.59
1.Yes	8,997	52.57	92.16
.d	2	0.01	92.17
.p	1,328	7.76	99.93
.r	12	0.07	100.00
Total	17,114	100.00	

ve_tv_18

Use of time: Watches television 2018
 Uso del tiempo: Ve televisión 2018

	Freq.	Percent	Cum.
0.No	2,141	12.51	12.51
1.Yes	13,636	79.68	92.19
.d	1	0.01	92.19
.p	1,328	7.76	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

cose_18

Use of time: Sews/embroiders/knits/makes other crafts 2018
 Uso del tiempo: Cose/borda/teje/realiza manualidades 2018

	Freq.	Percent	Cum.
0.No	11,643	68.03	68.03
1.Yes	4,127	24.11	92.15
.d	2	0.01	92.16
.p	1,328	7.76	99.92
.r	14	0.08	100.00
Total	17,114	100.00	

compras_18

Use of time: Buys groceries 2018
 Uso del tiempo: Hace compras (mercado, tiendas, etc.) 2018

	Freq.	Percent	Cum.
0.No	3,653	21.35	21.35
1.Yes	12,124	70.84	92.19
.d	1	0.01	92.19
.p	1,328	7.76	99.95
.r	8	0.05	100.00
Total	17,114	100.00	

med_farm_18

Use of time: visits doctor/pharmacies 2018
 Uso del tiempo: Visita al médico/farmacias 2018

	Freq.	Percent	Cum.
0.No	7,447	43.51	43.51
1.Yes	8,317	48.60	92.11
.d	5	0.03	92.14
.p	1,328	7.76	99.90
.r	17	0.10	100.00
Total	17,114	100.00	

vida_ideal_18

Life satisfaction: Life is close to ideal 2018
 Satisfacción con la vida: Su vida está cerca de su ideal 2018

	Freq.	Percent	Cum.
1. Agrees	10,784	63.01	63.01
2. Neither agrees nor disagrees	2,693	15.74	78.75
3. Disagrees	1,996	11.66	90.41
.d	171	1.00	91.41
.p	1,328	7.76	99.17
.r	142	0.83	100.00
Total	17,114	100.00	

cond_excel_18

Life satisfaction: The conditions of life are excellent 2018
 Satisfacción con la vida: Las condiciones de su vida son excelentes 2018

	Freq.	Percent	Cum.
1. Agrees	9,515	55.60	55.60
2. Neither agrees nor disagrees	3,992	23.33	78.92
3. Disagrees	2,081	12.16	91.08
.d	77	0.45	91.53
.p	1,328	7.76	99.29
.r	121	0.71	100.00
Total	17,114	100.00	

falta_compa_18 Loneliness: How often they feel that they lack companionship 2018
Soledad: Frecuencia en la que se siente que le falta compañía 2018

	Freq.	Percent	Cum.
1.Almost never	10,844	63.36	63.36
2.At times	3,202	18.71	82.07
3.Frequently	1,622	9.48	91.55
.d	10	0.06	91.61
.p	1,328	7.76	99.37
.r	108	0.63	100.00
Total	17,114	100.00	

ignorado_18 Loneliness: How often they feel ignored by others 2018
Soledad: Frecuencia en la que se siente ignorado por los demás 2018

	Freq.	Percent	Cum.
1.Almost never	12,168	71.10	71.10
2.At times	2,522	14.74	85.84
3.Frequently	974	5.69	91.53
.d	13	0.08	91.60
.p	1,328	7.76	99.36
.r	109	0.64	100.00
Total	17,114	100.00	

aislado_18 Loneliness: How often they feel cut off or isolated from others 2018
Soledad: Frecuencia en la que se siente aislado, apartado de los demás 2018

	Freq.	Percent	Cum.
1.Almost never	12,533	73.23	73.23
2.At times	2,193	12.81	86.05
3.Frequently	934	5.46	91.50
.d	15	0.09	91.59
.p	1,328	7.76	99.35
.r	111	0.65	100.00
Total	17,114	100.00	

ocupacion_18

Employment status 2018
Estado de empleo 2018

	Freq.	Percent	Cum.
1. Currently Working	7,051	41.20	41.20
2. Currently looking for work	335	1.96	43.16
3. Dedicated to household chores	4,738	27.68	70.84
4. Retired, incapacitated, or does not work	4,958	28.97	99.81
.d	3	0.02	99.83
.i	18	0.11	99.94
.r	11	0.06	100.00
Total	17,114	100.00	

memoria_18

Self-report of memory 2018
Auto-reporte de Memoria 2018

	Freq.	Percent	Cum.
1. Excellent	626	3.66	3.66
2. Very good	1,003	5.86	9.52
3. Good	5,341	31.21	40.73
4. Regular	7,721	45.12	85.84
5. Poor	999	5.84	91.68
.d	9	0.05	91.73
.p	1,328	7.76	99.49
.r	87	0.51	100.00
Total	17,114	100.00	

2015

cunicah Unique Household ID
Clave Única del Hogar (=unhhid)

Not tabulated

np Person Number
Número de Persona

Not tabulated

subhog_15 2015 sub-household identifier
2015 identificador del subhogar

Not tabulated

tipent_15 Type of interview 2015
Tipo de entrevista 2015

	Freq.	Percent	Cum.
1.Direct, follow-up interview	13,254	89.68	89.68
2.Direct, new spouse interview	596	4.03	93.71
3.Proxy, follow-up interview	884	5.98	99.70
4.Proxy, new spouse interview	45	0.30	100.00
Total	14,779	100.00	

new_sample_15 Follow-up and new sample/spouses 2015
Muestra de seguimiento y muestra nueva/nueva pareja 2015

	Freq.	Percent	Cum.
1.Follow-up sample	14,138	95.66	95.66
2.New spouse from follow-up sample	249	1.68	97.35
3.New person from 2012 new sample	392	2.65	100.00
Total	14,779	100.00	

factori_15 Individual weight 2015
Factor de expansión individual 2015

Not tabulated

factorh_15 Household weight 2015
Factor de expansión del hogar 2015

Not tabulated

genero	Gender Género
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
1. Male		6,141	41.55	41.55
2. Female		8,638	58.45	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		14,779	100.00	

edad_15	Age (years) 2015 Edad (en años) 2015
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Variable		Obs	Mean	Std. Dev.	Min	Max
<hr style="border-top: 1px dashed black;"/>						
edad_15		14,775	66.1288	10.6204	23	113
<hr style="border-top: 1px dashed black;"/>						
		Freq.	Percent	Cum.		
<hr style="border-top: 1px dashed black;"/>						
.d		4	0.03	100.00		
<hr style="border-top: 1px dashed black;"/>						
Total		4	100.00			

edad_gru_15	Age (cat.) 2015 Edad (cat.) 2015
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0. 49 or younger		560	3.79	3.79
1. 50-59		3,799	25.71	29.49
2. 60-69		5,092	34.45	63.95
3. 70-79		3,619	24.49	88.44
4. 80+		1,705	11.54	99.97
.d		4	0.03	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		14,779	100.00	

urbano_15	Locality size (urban/rural) 2015 Tamaño de Localidad (urbano/rural) 2015
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		Freq.	Percent	Cum.
<hr style="border-top: 1px dashed black;"/>				
0. <100,000		6,329	42.82	42.82
1. 100,000+		8,450	57.18	100.00
<hr style="border-top: 1px dashed black;"/>				
Total		14,779	100.00	

educacion

Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	14,604	5.767256	4.748498	0	22
	Freq.	Percent	Cum.		
.d	123	0.83	99.65		
.m	51	0.35	99.99		
.r	1	0.01	100.00		
Total	175	100.00			

edu_gru

Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	2,508	16.97	16.97
1. 1-5 years	4,299	29.09	46.06
2. 6 years	3,104	21.00	67.06
3. 7-9 years	2,622	17.74	84.80
4. 10+ years	2,071	14.01	98.82
.d	123	0.83	99.65
.m	51	0.35	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

est_conyugal_15

Marital status 2015
Estado Conyugal 2015

	Freq.	Percent	Cum.
1.Married or in civil union	9,862	66.73	66.73
2.Separated or divorced	1,473	9.97	76.70
3.Widowed	2,829	19.14	95.84
4.Single	615	4.16	100.00
Total	14,779	100.00	

n_union_15

Number of unions 2015
Número de uniones 2015

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_15	14,550	1.220481	.6752957	0	11

	Freq.	Percent	Cum.
.d	160	1.08	99.53
.m	51	0.35	99.88
.r	18	0.12	100.00
Total	229	100.00	

n_unionos_gru_15

Number of unions (cat.) 2015
Número de uniones (cat.) 2015

	Freq.	Percent	Cum.
0. 0	456	3.09	3.09
1. 1	11,542	78.10	81.18
2. 2	1,765	11.94	93.13
3. 3+	787	5.33	98.45
.d	160	1.08	99.53
.m	51	0.35	99.88
.r	18	0.12	100.00
Total	14,779	100.00	

n_hijos_vivos_15

Number of living children 2015
Número de hijos vivos 2015

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_15	14,757	4.519279	2.767656	0	22

	Freq.	Percent	Cum.
.d	16	72.73	72.73
.r	6	27.27	100.00
Total	22	100.00	

hijos_vivos_gru_15

Number of living children (cat.) 2015
Número de hijos vivos (cat.) 2015

	Freq.	Percent	Cum.
0. No children	674	4.56	4.56
1. 1 or 2	2,820	19.08	23.64
2. 3 or 4	5,003	33.85	57.49
3. 5 or 6	3,068	20.76	78.25
4. 7+	3,192	21.60	99.85
.d	16	0.11	99.96
.r	6	0.04	100.00
Total	14,779	100.00	

migracion_15

Has lived/worked in the U.S. 2015
Ha trabajado/vivido en EE.UU. 2015

	Freq.	Percent	Cum.
0.No	13,294	89.95	89.95
1.Yes	1,485	10.05	100.00
Total	14,779	100.00	

salud_glob_15

Self-report of global health 2015
Auto-reporte de salud global 2015

	Freq.	Percent	Cum.
1.Excellent	342	2.31	2.31
2.Very good	465	3.15	5.46
3.Good	3,710	25.10	30.56
4.Fair	7,347	49.71	80.28
5.Poor	1,983	13.42	93.69
.d	3	0.02	93.71
.p	929	6.29	100.00
Total	14,779	100.00	

abvd_vestirse_15

Difficulty dressing themselves 2015
Dificultad para vestirse 2015

	Freq.	Percent	Cum.
0.No	12,296	83.20	83.20
1.Yes	1,502	10.16	93.36
.d	7	0.05	93.41
.i	40	0.27	93.68
.p	929	6.29	99.97
.r	1	0.01	99.97
.x	4	0.03	100.00
Total	14,779	100.00	

abvd_caminar_15

Difficulty walking from one side of a room to the other 2015
Dificultad para cruzar un cuarto 2015

	Freq.	Percent	Cum.
0.No	13,453	91.03	91.03
1.Yes	1,267	8.57	99.60
.d	6	0.04	99.64
.i	40	0.27	99.91
.r	1	0.01	99.92
.x	12	0.08	100.00
Total	14,779	100.00	

abvd_gru_15

Number of limitations with ADLs (cat.) 2015
Número de limitaciones con ABVDs (cat.) 2015

	Freq.	Percent	Cum.
0. No limitations	12,296	83.20	83.20
1. 1 limitation	1,181	7.99	91.19
2. 2 limitations	467	3.16	94.35
3. 3+ limitations	736	4.98	99.33
.d	6	0.04	99.37
.i	40	0.27	99.64
.r	1	0.01	99.65
.x	52	0.35	100.00
Total	14,779	100.00	

n_abvd_15

Number of limitations with ADLs (0-5) 2015
Número de limitaciones con ABVDs (0-5) 2015

Variable	Obs	Mean	Std. Dev.	Min	Max
n_abvd_15	14,680	.3424387	.9527126	0	5

	Freq.	Percent	Cum.
.d	6	6.06	6.06
.i	40	40.40	46.46
.r	1	1.01	47.47
.x	52	52.53	100.00
Total	99	100.00	

aivd_dinero_15

Difficulty managing money 2015
Dificultad para manejar dinero 2015

	Freq.	Percent	Cum.
0.No	13,372	90.48	90.48
1.Yes	429	2.90	93.38
.d	7	0.05	93.43
.i	40	0.27	93.70
.p	929	6.29	99.99
.r	1	0.01	99.99
.x	1	0.01	100.00
Total	14,779	100.0	

aivd_medicina_15

Difficulty taking medications 2015
Dificultad para tomar medicamentos 2015

	Freq.	Percent	Cum.
0.No	13,323	90.15	90.15
1.Yes	479	3.24	93.39
.d	6	0.04	93.43
.i	40	0.27	93.70
.p	929	6.29	99.99
.r	1	0.01	99.99
.x	1	0.01	100.00
Total	14,779	100.00	

aivd_comprar_15

Difficulty shopping for groceries 2015
Dificultad para comprar víveres/mandados 2015

	Freq.	Percent	Cum.
0.No	12,386	83.81	83.81
1.Yes	1,416	9.58	93.39
.d	6	0.04	93.43
.i	40	0.27	93.70
.p	929	6.29	99.99
.r	1	0.01	99.99
.x	1	0.01	100.00
Total	14,779	100.00	

aivd_comidas_15

Difficulty preparing a hot meal 2015
Dificultad para preparar una comida caliente 2015

	Freq.	Percent	Cum.
0.No	13,066	88.41	88.41
1.Yes	735	4.97	93.38
.d	6	0.04	93.42
.i	40	0.27	93.69
.p	929	6.29	99.98
.r	1	0.01	99.99
.x	2	0.01	100.00
Total	14,779	100.00	

aivd_gru_15

Number of ADLs limitations (cat.) 2015
 Número de AIVDs con limitación (cat.) 2015

	Freq.	Percent	Cum.
0. No limitations	12,007	81.24	81.24
1. 1 limitation	1,032	6.98	88.23
2. 2 limitations	405	2.74	90.97
3. 3+ limitations	352	2.38	93.35
.d	9	0.06	93.41
.i	40	0.27	93.68
.p	929	6.29	99.97
.r	1	0.01	99.97
.x	4	0.03	100.00
Total	14,779	100.00	

n_aivd_15

Number of ADLs limitations (0-4) 2015
 Número de AIVDs con limitación (0-4) 2015

Variable	Obs	Mean	Std. Dev.	Min	Max
n_aivd_15	13,796	.2205712	.6684416	0	4

	Freq.	Percent	Cum.
.d	9	0.92	0.92
.i	40	4.07	4.98
.p	929	94.51	99.49
.r	1	0.10	99.59
.x	4	0.41	100.00
Total	983	100.00	

deprimido_15

Most of past week: Felt depressed 2015
 Durante la semana pasada: Se ha sentido deprimido 2015

	Freq.	Percent	Cum.
0.No	9,302	62.94	62.94
1.Yes	4,528	30.64	93.58
.d	10	0.07	93.65
.i	3	0.02	93.67
.p	929	6.29	99.95
.r	7	0.05	100.00
Total	14,779	100.00	

disf_vida_15 Most of past week: Felt that they enjoyed life 2015
 Durante la semana pasada: Ha sentido que disfrutaba de la vida 2015

	Freq.	Percent	Cum.
0.No	2,888	19.54	19.54
1.Yes	10,913	73.84	93.38
.d	31	0.21	93.59
.i	3	0.02	93.61
.p	929	6.29	99.90
.r	15	0.10	100.00
Total	14,779	100.00	

triste_15 Most of past week: Felt sad 2015
 Durante la semana pasada: Se ha sentido triste 2015

	Freq.	Percent	Cum.
0.No	8,370	56.63	56.63
1.Yes	5,465	36.98	93.61
.d	9	0.06	93.67
.i	4	0.03	93.70
.p	929	6.29	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

cansado_15 Most of past week: Felt tired 2015
 Durante la semana pasada: Se ha sentido cansado 2015

	Freq.	Percent	Cum.
0.No	5,536	37.46	37.46
1.Yes	8,308	56.21	93.67
.d	1	0.01	93.68
.i	4	0.03	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

energia_15 Most of past week: Felt that they had a lot of energy 2015
 Durante la semana pasada: Ha tenido mucha energía 2015

	Freq.	Percent	Cum.
0.No	7,298	49.38	49.38
1.Yes	6,531	44.19	93.57
.d	9	0.06	93.63
.i	4	0.03	93.66
.p	929	6.29	99.95
.r	8	0.05	100.00
Total	14,779	100.00	

enf_pulm_15 Has been diagnosed with respiratory illness 2015
 Alguna vez le han dicho que tiene enfermedad pulmonar 2015

	Freq.	Percent	Cum.
0.No	13,840	93.65	93.65
1.Yes	929	6.29	99.93
.d	6	0.04	99.97
.r	4	0.03	100.00
Total	14,779	100.00	

prob_card_15 Has been told he/she had a cardiac problem 2015
 Alguna vez le han dicho que tiene problema de corazón 2015

	Freq.	Percent	Cum.
0.No	13,697	92.68	92.68
1.Yes	1,026	6.94	99.62
.d	44	0.30	99.92
.i	2	0.01	99.93
.r	10	0.07	100.00
Total	14,779	100.00	

artritis_15 Has been diagnosed with arthritis/rheumatism 2015
 Alguna vez le han dicho que tiene artritis 2015

	Freq.	Percent	Cum.
0.No	12,525	84.75	84.75
1.Yes	2,231	15.10	99.84
.d	16	0.11	99.95
.i	1	0.01	99.96
.r	6	0.04	100.00
Total	14,779	100.00	

infarto_15 Has been told he/she had a heart attack 2015
 Alguna vez le han dicho que ha tenido ataque/infarto al corazón 2015

	Freq.	Percent	Cum.
0.No	14,188	96.00	96.00
1.Yes	579	3.92	99.92
.d	9	0.06	99.98
.i	1	0.01	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

embolia_15

Has been told he/she had a stroke 2015
 Alguna vez le han dicho que ha tenido embolia 2015

	Freq.	Percent	Cum.
0.No	14,408	97.49	97.49
1.Yes	356	2.41	99.90
.d	10	0.07	99.97
.i	1	0.01	99.97
.r	4	0.03	100.00
Total	14,779	100.00	

cancer_15

Has been diagnosed with cancer 2015
 Alguna vez le han dicho que ha tenido cáncer 2015

	Freq.	Percent	Cum.
0.No	14,393	97.39	97.39
1.Yes	370	2.50	99.89
.d	14	0.09	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

n_enf_15

Number of illnesses (0-7) 2015
 Número de enfermedades (0-7) 2015

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_15	14,644	1.093349	1.068551	0	7

	Freq.	Percent	Cum.
.d	101	74.81	74.81
.i	1	0.74	75.56
.r	33	24.44	100.00
Total	135	100.00	

enf_cat_15

Number of illnesses (cat.) 2015
 Número de enfermedades (cat.) 2015

	Freq.	Percent	Cum.
0	5,148	34.83	34.83
1	4,940	33.43	68.26
2+	4,556	30.83	99.09
.d	101	0.68	99.77
.i	1	0.01	99.78
.r	33	0.22	100.00
Total	14,779	100.00	

imc_cat_15

Body Mass Index (cat.) 2015
Body Mass Index (cat.) 2015

	Freq.	Percent	Cum.
1.Underweight	203	1.37	1.37
2.Normal weight	3,920	26.52	27.90
3.Overweight	5,252	35.54	63.43
4.Obese	3,158	21.37	84.80
5.Morbidly obese	280	1.89	86.70
.d	1,942	13.14	99.84
.i	7	0.05	99.88
.r	17	0.12	100.00
Total	14,779	100.00	

ejer_3_por_sem_15

Exercise 3+ times per week on average 2015
Hace ejercicio 3+ veces por semana 2015

	Freq.	Percent	Cum.
0.No	8,526	57.69	57.69
1.Yes	5,316	35.97	93.66
.d	1	0.01	93.67
.i	6	0.04	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

alcohol_15

Currently drinks alcohol 2015
Actualmente consume alcohol 2015

	Freq.	Percent	Cum.
0.No	11,382	77.01	77.01
1.Yes	3,388	22.92	99.94
.d	2	0.01	99.95
.i	6	0.04	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

tabaco_15

Currently smokes tobacco 2015
Actualmente fuma 2015

	Freq.	Percent	Cum.
0.No	13,053	88.32	88.32
1.Yes	1,706	11.54	99.86
.d	9	0.06	99.93
.i	6	0.04	99.97
.r	5	0.03	100.00
Total	14,779	100.00	

prueba_colon_15

Preventive care: Tested for colon cancer 2015
Cuidados preventivos: Prueba para detección del cáncer de colón 2015

	Freq.	Percent	Cum.
0.No	13,670	92.50	92.50
1.Yes	1,063	7.19	99.69
.d	35	0.24	99.93
.i	2	0.01	99.94
.r	9	0.06	100.00
Total	14,779	100.00	

mide_col_15

Preventive care: Measured cholesterol in blood 2015
Cuidados preventivos: Se mide colesterol en sangre 2015

	Freq.	Percent	Cum.
0.No	4,490	30.38	30.38
1.Yes	10,259	69.42	99.80
.d	26	0.18	99.97
.i	2	0.01	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

prueba_tuber_15

Preventive care: Tested for tuberculosis 2015
Cuidados preventivos: Prueba para la tuberculosis 2015

	Freq.	Percent	Cum.
0.No	12,700	85.93	85.93
1.Yes	1,970	13.33	99.26
.d	99	0.67	99.93
.i	2	0.01	99.95
.r	8	0.05	100.00
Total	14,779	100.00	

prueba_diab_15 Cuidados preventivos: Prueba para la diabetes 2015
Preventive care: Tested for diabetes 2015

	Freq.	Percent	Cum.
0.No	3,625	24.53	24.53
1.Yes	11,130	75.31	99.84
.d	20	0.14	99.97
.i	2	0.01	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

prueba_pres_15 Preventive care: Tested for hypertension/high blood pressure 2015
Cuidados preventivos: Prueba para la hipertensión o presión alta 2015

	Freq.	Percent	Cum.
0.No	3,342	22.61	22.61
1.Yes	11,425	77.31	99.92
.d	10	0.07	99.99
.i	2	0.01	100.00
Total	14,779	100.00	

vacu_gripa_15 Cuidados preventivos: Se vacuna contra influenza 2015
Preventive care: Vaccinated against flu 2015

	Freq.	Percent	Cum.
0.No	5,881	39.79	39.79
1.Yes	8,822	59.69	99.49
.d	72	0.49	99.97
.i	2	0.01	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

vacu_neumo_15 Preventive care: Vaccinated against pneumonia 2015
Cuidados preventivos: Vacuna contra la neumonía 2015

	Freq.	Percent	Cum.
0.No	10,832	73.29	73.29
1.Yes	3,672	24.85	98.14
.d	268	1.81	99.95
.i	2	0.01	99.97
.r	5	0.03	100.00
Total	14,779	100.00	

auto_exam_mama_15

Preventive care: Monthly self-exam for knots/lumps in breasts (women) 2015
 Cuidados preventivos: Autoexamen mensual de senos (mujeres) 2015

	Freq.	Percent	Cum.
0.No	3,353	22.69	22.69
1.Yes	4,750	32.14	54.83
.d	8	0.05	54.88
.i	1	0.01	54.89
.p	929	6.29	61.17
.r	2	0.01	61.19
.s	5,728	38.76	99.95
.x	8	0.05	100.00
Total	14,779	100.00	

papanic_15

Preventive care: Pap smear test (women) 2015
 Cuidados preventivos: Prueba Papanicolaou (mujeres) 2015

	Freq.	Percent	Cum.
0.No	2,793	18.90	18.90
1.Yes	5,165	34.95	53.85
.d	11	0.07	53.92
.i	2	0.01	53.93
.p	929	6.29	60.22
.r	1	0.01	60.23
.s	5,728	38.76	98.99
.x	150	1.01	100.00
Total	14,779	100.00	

mamografia_15

Preventive care: Mammogram/breast x-ray (women) 2015
 Cuidados preventivos: Mamografía (mujeres) 2015

	Freq.	Percent	Cum.
0.No	3,753	25.39	25.39
1.Yes	4,348	29.42	54.81
.d	7	0.05	54.86
.i	1	0.01	54.87
.p	929	6.29	61.15
.r	2	0.01	61.17
.s	5,728	38.76	99.93
.x	11	0.07	100.00
Total	14,779	100.00	

exam_prostata_15

Preventive care: Prostate exam (men) 2015
Cuidados preventivos: Examen de próstata (hombres) 2015

	Freq.	Percent	Cum.
0.No	3,861	26.12	26.12
1.Yes	1,759	11.90	38.03
.d	14	0.09	38.12
.e	1	0.01	38.13
.i	1	0.01	38.14
.p	929	6.29	44.42
.r	2	0.01	44.43
.s	8,122	54.96	99.39
.x	90	0.61	100.00
Total	14,779	100.00	

dormido_15

Has trouble falling asleep 2015
Tiene dificultad para quedarse dormido 2015

	Freq.	Percent	Cum.
0. No	8,014	54.23	54.23
1. Yes	5,823	39.40	93.63
.d	1	0.01	93.63
.i	11	0.07	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

dormido_cat_15

Has trouble falling asleep (cat.) 2015
Tiene dificultad para quedarse dormido (cat.) 2015

	Freq.	Percent	Cum.
1. Most of the time	1,750	11.84	11.84
2. Sometimes	4,073	27.56	39.40
3. Almost never or never	8,014	54.23	93.63
.d	1	0.01	93.63
.i	11	0.07	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

hospitalizacion_15 Last 12 months: Has been hospitalized (at least one night) 2015
 Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2015

	Freq.	Percent	Cum.
0.No	12,698	85.92	85.92
1.Yes	2,055	13.90	99.82
.d	10	0.07	99.89
.i	16	0.11	100.00
Total	14,779	100.00	

visita_medica_15 Last 12 months: Has visited the doctor (at least once) 2015
 Últimos 12 meses: Tuvo visitas al médico (al menos una) 2015

	Freq.	Percent	Cum.
0.No	2,998	20.29	20.29
1.Yes	11,752	79.52	99.80
.d	13	0.09	99.89
.i	16	0.11	100.00
Total	14,779	100.00	

ciru_ambu_15 Last 12 months: Has had outpatient procedures (at least one) 2015
 Últimos 12 meses: Tuvo cirugía ambulatoria (al menos una) 2015

	Freq.	Percent	Cum.
0.No	14,103	95.43	95.43
1.Yes	657	4.45	99.87
.d	3	0.02	99.89
.i	16	0.11	100.00
Total	14,779	100.00	

visita_dental_15 Last 12 months: Has visited dentist (at least once) 2015
 Últimos 12 meses: Tuvo visitas al dentista (al menos una) 2015

	Freq.	Percent	Cum.
0.No	9,458	64.00	64.00
1.Yes	5,294	35.82	99.82
.d	11	0.07	99.89
.i	16	0.11	100.00
Total	14,779	100.00	

imss_15

Has health care covered by IMSS 2015
 Tiene derecho a servicio médico en IMSS 2015

	Freq.	Percent	Cum.
0.No	7,744	52.40	52.40
1.Yes	7,000	47.36	99.76
.d	19	0.13	99.89
.i	15	0.10	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

issste_15

Has health care covered by ISSSTE/ISSSTE Estatal 2015
 Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal 2015

	Freq.	Percent	Cum.
0.No	12,271	83.03	83.03
1.Yes	2,478	16.77	99.80
.d	13	0.09	99.88
.i	16	0.11	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

seg_pop_15

Has health care covered by Seguro Popular 2015
 Tiene derecho a servicio médico en Seguro Popular 2015

	Freq.	Percent	Cum.
0.No	9,716	65.74	65.74
1.Yes	5,031	34.04	99.78
.d	14	0.09	99.88
.i	16	0.11	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

pem_def_mar_15

Has health care covered by PEMEX, Defensa, or Marina 2015
 Tiene derecho a servicio médico en Pemex, Defensa o Marina 2015

	Freq.	Percent	Cum.
0.No	14,390	97.37	97.37
1.Yes	362	2.45	99.82
.d	8	0.05	99.87
.i	16	0.11	99.98
.r	3	0.02	100.00
Total	14,779	100.00	

cuida_menor_15 Use of time: Looks after child(ren) under 12 2015
 Uso del tiempo: Cuida a niños menores de 12 años 2015

	Freq.	Percent	Cum.
0.No	9,995	67.63	67.63
1.Yes	3,827	25.89	93.52
.d	1	0.01	93.53
.i	23	0.16	93.69
.p	929	6.29	99.97
.r	4	0.03	100.00
Total	14,779	100.00	

voluntario_15 Use of time: Volunteers for non-profit org. without compensation 2015
 Uso del tiempo: Voluntariado/apoyo a org. civil sin pago 2015

	Freq.	Percent	Cum.
0.No	12,503	84.60	84.60
1.Yes	1,318	8.92	93.52
.d	2	0.01	93.53
.i	23	0.16	93.69
.p	929	6.29	99.97
.r	4	0.03	100.00
Total	14,779	100.0	

asiste_cursos_15 Use of time: Attends training course, lecture, or class 2015
 Uso del tiempo: Asiste a curso de capacitación, plática o clase 2015

	Freq.	Percent	Cum.
0.No	11,751	79.51	79.51
1.Yes	2,064	13.97	93.48
.d	1	0.01	93.48
.i	23	0.16	93.64
.p	929	6.29	99.93
.r	11	0.07	100.00
Total	14,779	100.00	

asiste_club_15 Use of time: Attends sport or social club 2015
 Uso del tiempo: Asiste a un deportivo o club social 2015

	Freq.	Percent	Cum.
0.No	12,767	86.39	86.39
1.Yes	1,057	7.15	93.54
.d	1	0.01	93.54
.i	23	0.16	93.70
.p	929	6.29	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

lee_15 Use of time: Reads books/magazines/newspaper 2015
 Uso del tiempo: Lee algún libro/revista/periódico 2015

	Freq.	Percent	Cum.
0.No	5,276	35.70	35.70
1.Yes	8,503	57.53	93.23
.d	47	0.32	93.55
.i	23	0.16	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

cruci_rompe_15 Use of time: Does crosswords/jigsaw puzzles/number games 2015
 Uso del tiempo: Hace crucigramas/rompecabezas/juegos de números 2015

	Freq.	Percent	Cum.
0.No	11,047	74.75	74.75
1.Yes	2,759	18.67	93.42
.d	14	0.09	93.51
.i	23	0.16	93.67
.p	929	6.29	99.95
.r	7	0.05	100.00
Total	14,779	100.00	

juegos_mesa_15 Use of time: Plays tabletop games, e.g. cards/dominoes/chess 2015
 Uso del tiempo: Juega juegos de mesa como cartas/domino/ajedrez 2015

	Freq.	Percent	Cum.
0.No	11,620	78.63	78.63
1.Yes	2,195	14.85	93.48
.d	8	0.05	93.53
.i	23	0.16	93.69
.p	929	6.29	99.97
.r	4	0.03	100.00
Total	14,779	100.00	

comu_telef_comp_15 Use of time: Talks on phone or sends messages/uses web on computer 2015
 Uso del tiempo: Habla por teléfono/envía mensajes o usa web por computadora 2015

	Freq.	Percent	Cum.
0.No	3,035	20.54	20.54
1.Yes	10,781	72.95	93.48
.d	9	0.06	93.54
.i	23	0.16	93.70
.p	929	6.29	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

act_mant_15 Use of time: Maintains house, does repairs, gardens, etc. 2015
 Uso del tiempo: Mantenimiento del hogar/reparaciones/jardinería etc. 2015

	Freq.	Percent	Cum.
0.No	5,385	36.44	36.44
1.Yes	8,436	57.08	93.52
.d	2	0.01	93.53
.i	23	0.16	93.69
.p	929	6.29	99.97
.r	4	0.03	100.00
Total	14,779	100.00	

ve_tv_15 Use of time: Watches television 2015
 Uso del tiempo: Ve televisión 2015

	Freq.	Percent	Cum.
0.No	1,172	7.93	7.93
1.Yes	12,651	85.60	93.53
.d	2	0.01	93.54
.i	23	0.16	93.70
.p	929	6.29	99.99
.r	2	0.01	100.00
Total	14,779	100.00	

cose_15 Use of time: Sews/embroiders/knits/makes other crafts 2015
 Uso del tiempo: Cose/borda/teje/realiza manualidades 2015

	Freq.	Percent	Cum.
0.No	9,928	67.18	67.18
1.Yes	3,897	26.37	93.54
.d	1	0.01	93.55
.i	23	0.16	93.71
.p	929	6.29	99.99
.r	1	0.01	100.00
Total	14,779	100.00	

vida_ideal_15 Life satisfaction: Life is close to ideal 2015
 Satisfacción con la vida: Su vida está cerca de su ideal 2015

	Freq.	Percent	Cum.
1. Agrees	9,594	64.92	64.92
2. Neither agrees nor disagrees	2,316	15.67	80.59
3. Disagrees	1,724	11.67	92.25
.d	146	0.99	93.24
.i	23	0.16	93.40
.p	929	6.29	99.68
.r	47	0.32	100.00
Total	14,779	100.00	

cond_excel_15 Life satisfaction: The conditions of life are excellent 2015
 Satisfacción con la vida: Las condiciones de su vida son excelentes 2015

	Freq.	Percent	Cum.
1. Agrees	8,202	55.50	55.50
2. Neither agrees nor disagrees	3,641	24.64	80.13
3. Disagrees	1,911	12.93	93.06
.d	50	0.34	93.40
.i	23	0.16	93.56
.p	929	6.29	99.84
.r	23	0.16	100.00
Total	14,779	100.00	

satisfecho_15 Life satisfaction: Satisfied with their life 2015
 Satisfacción con la vida: Está satisfecho con su vida 2015

	Freq.	Percent	Cum.
1. Agrees	11,772	79.65	79.65
2. Neither agrees nor disagrees	1,205	8.15	87.81
3. Disagrees	811	5.49	93.29
.d	27	0.18	93.48
.i	23	0.16	93.63
.p	929	6.29	99.92
.r	12	0.08	100.00
Total	14,779	100.00	

cosas_imp_15 Life satisfaction: Has achieved the things important to them 2015
 Satisfacción con la vida: Ha conseguido las cosas importantes en la vida 2015

	Freq.	Percent	Cum.
1. Agrees	11,143	75.40	75.40
2. Neither agrees nor disagrees	1,623	10.98	86.38
3. Disagrees	983	6.65	93.03
.d	53	0.36	93.39
.i	23	0.16	93.54
.p	929	6.29	99.83
.r	25	0.17	100.00
Total	14,779	100.00	

no_cambio_15 Life satisfaction: Would change almost nothing about their life 2015
 Satisfacción con la vida: No cambiaría casi nada de su vida si pudiera 2015

	Freq.	Percent	Cum.
1. Agrees	8,974	60.72	60.72
2. Neither agrees nor disagrees	1,978	13.38	74.11
3. Disagrees	2,717	18.38	92.49
.d	128	0.87	93.36
.i	23	0.16	93.51
.p	929	6.29	99.80
.r	30	0.20	100.00
Total	14,779	100.00	

falta_compa_15 Loneliness: How often they feel that they lack companionship 2015
 Soledad: Frecuencia en la que se siente que le falta compañía 2015

	Freq.	Percent	Cum.
1. Almost never	9,141	61.85	61.85
2. At times	3,098	20.96	82.81
3. Frequently	1,576	10.66	93.48
.d	7	0.05	93.52
.i	23	0.16	93.68
.p	929	6.29	99.97
.r	5	0.03	100.00
Total	14,779	100.00	

ignorado_15 Loneliness: How often they feel ignored by others 2015
 Soledad: Frecuencia en la que se siente ignorado por los demás 2015

	Freq.	Percent	Cum.
1. Almost never	10,466	70.82	70.82
2. At times	2,446	16.55	87.37
3. Frequently	887	6.00	93.37
.d	18	0.12	93.49
.i	23	0.16	93.65
.p	929	6.29	99.93
.r	10	0.07	100.00
Total	14,779	100.00	

aislado_15 Loneliness: How often they feel cut off or isolated from others 2015
Soledad: Frecuencia en la que se siente aislado, apartado de los demás 2015

	Freq.	Percent	Cum.
1.Almost never	10,907	73.80	73.80
2.At times	2,030	13.74	87.54
3.Frequently	864	5.85	93.38
.d	16	0.11	93.49
.i	23	0.16	93.65
.p	929	6.29	99.93
.r	10	0.07	100.00
Total	14,779	100.00	

ocupacion_15 Employment status 2015
Estado de empleo 2015

	Freq.	Percent	Cum.
1. Currently Working	5,571	37.70	37.70
2. Currently looking for work	242	1.64	39.33
3. Dedicated to household chores	4,221	28.56	67.89
4. Retired, incapacitated, or does not work	4,694	31.76	99.65
.d	6	0.04	99.70
.i	40	0.27	99.97
.r	5	0.03	100.00
Total	14,779	100.00	

memoria_15 Self-report of memory 2015
Auto-reporte de Memoria 2015

	Freq.	Percent	Cum.
1.Excellent	382	2.58	2.58
2.Very good	548	3.71	6.29
3.Good	4,363	29.52	35.81
4.Fair	7,393	50.02	85.84
5.Poor	1,053	7.12	92.96
.d	8	0.05	93.02
.p	929	6.29	99.30
.r	103	0.70	100.00
Total	14,779	100.00	

2012

cunicah	Unique Household ID Clave Única del Hogar (=unhhid)
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 Not tabulated

np	Person Number Número de Persona
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 Not tabulated

subhog_12	2012 sub-household identifier 2012 identificador del subhogar
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 Not tabulated

tipent_12	Type of interview 2012 Tipo de entrevista 2012
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		Freq.	Percent	Cum.
Direct, follow-up sample		8,868	56.40	56.40
Direct, new sample		5,580	35.49	91.89
Proxy, follow-up sample		959	6.10	97.99
Proxy, new sample		316	2.01	100.00
Total		15,723	100.00	

new_sample_12	Follow-up and new sample/spouses 2012 Muestra de seguimiento y muestra nueva/nueva pareja 2012
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		Freq.	Percent	Cum.
Follow-up		9,827	62.50	62.50
New person		5,896	37.50	100.00
Total		15,723	100.00	

factori_12	Individual weight 2012 Factor de expansión individual 2012
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 Not tabulated

factorh_12	Household weight 2012 Factor de expansión del hogar 2012
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 Not tabulated

genero Gender
Género

	Freq.	Percent	Cum.
1.Male	6,597	41.96	41.96
2.Female	9,126	58.04	100.00
Total	15,723	100.00	

edad_12 Age 2012 (years)
Edad (en años) 2012

Variable	Obs	Mean	Std. Dev.	Min	Max
edad_12	15,701	63.97408	11.07508	20	115

	Freq.	Percent	Cum.
.d	4	0.03	100.00
Total	4	100.00	

edad_gru_12 Age (cat.) 2012
Edad (cat.) 2012

	Freq.	Percent	Cum.
0. 49 or younger	1,037	6.60	6.60
1. 50-59	4,778	30.39	36.98
2. 60-69	5,229	33.26	70.24
3. 70-79	3,178	20.21	90.45
4. 80+	1,479	9.41	99.86
.d	22	0.14	100.00
Total	15,723	100.00	

urbano_12 Locality size (urban/rural) 2012
Tamaño de Localidad (urbano/rural) 2012

	Freq.	Percent	Cum.
0. <100,000	6,600	41.98	41.98
1. 100,000+	9,123	58.02	100.00
Total	15,723	100.00	

educacion Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	15,659	5.650361	4.757343	0	22

	Freq.	Percent	Cum.
.d	14	21.88	21.88
.m	50	78.12	100.00
Total	64	100.00	

edu_gru

Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	2,809	17.87	17.87
1. 1-5 years	4,699	29.89	47.75
2. 6 years	3,278	20.85	68.60
3. 7-9 years	2,718	17.29	85.89
4. 10+ years	2,155	13.71	99.59
.d	14	0.09	99.68
.m	50	0.32	100.00
Total	15,723	100.00	

est_conyugal_12

Marital status unions 2012
Estado Conyugal 2012

	Freq.	Percent	Cum.
1.Married or in civil union	10,910	69.39	69.39
2.Separated or divorced	1,231	7.83	77.22
3.Widowed	2,860	18.19	95.41
4.Single	722	4.59	100.00
Total	15,723	100.00	

n_union_12

Number of unions 2012
Número de uniones 2012

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_12	15,612	1.178837	.6278959	0	11

	Freq.	Percent	Cum.
.d	40	36.04	36.04
.e	1	0.90	36.94
.m	50	45.05	81.98
.r	20	18.02	100.00
Total	111	100.00	

n_uniones_gru_12 Number of unions (cat.) 2012
Número de uniones (cat.) 2012

	Freq.	Percent	Cum.
0. 0	543	3.45	3.45
1. 1	12,690	80.71	84.16
2. 2	1,715	10.91	95.07
3. 3+	664	4.22	99.29
.d	40	0.25	99.55
.e	1	0.01	99.55
.m	50	0.32	99.87
.r	20	0.13	100.00
Total	15,723	100.00	

n_hijos_vivos_12 Number of living children 2012
Número de hijos vivos 2012

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_12	15,577	4.572832	2.841648	0	21

	Freq.	Percent	Cum.
.d	135	92.47	92.47
.r	11	7.53	100.00
Total	146	100.00	

hijos_vivos_gru_12 Number of living children (cat.) 2012
Número de hijos vivos (cat.) 2012

	Freq.	Percent	Cum.
0. No children	774	4.92	4.92
1. 1 or 2	2,924	18.60	23.52
2. 3 or 4	5,189	33.00	56.52
3. 5 or 6	3,121	19.85	76.37
4. 7+	3,569	22.70	99.07
.d	135	0.86	99.93
.r	11	0.07	100.00
Total	15,723	100.00	

migracion_12

Has lived/worked in the U.S. 2012
Ha trabajado/vivido en EE.UU. 2012

	Freq.	Percent	Cum.
0.No	14,130	89.87	89.87
1.Yes	1,589	10.11	99.97
.d	1	0.01	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

salud_glob_12

Self-report of global health 2012
Auto-reporte de salud global 2012

	Freq.	Percent	Cum.
1.Excellent	363	2.31	2.31
2.Very good	646	4.11	6.42
3.Good	4,303	27.37	33.78
4.Fair	7,316	46.53	80.32
5.Poor	1,817	11.56	91.87
.d	1	0.01	91.88
.p	1,275	8.11	99.99
.r	2	0.01	100.00
Total	15,723	100.00	

abvd_vestirse_12

Difficulty dressing themselves 2012
Dificultad para vestirse 2012

	Freq.	Percent	Cum.
0.No	13,103	83.34	83.34
1.Yes	1,331	8.47	91.80
.d	1	0.01	91.81
.p	1,275	8.11	99.92
.r	4	0.03	99.94
.x	9	0.06	100.00
Total	15,723	100.00	

abvd_caminar_12

Difficulty walking from one side of a room to the other 2012
Dificultad para cruzar un cuarto 2012

	Freq.	Percent	Cum.
0.No	14,500	92.22	92.22
1.Yes	1,180	7.50	99.73
.d	31	0.20	99.92
.r	4	0.03	99.95
.x	8	0.05	100.00
Total	15,723	100.00	

aivd_medicina_12

Difficulty taking medications 2012
Dificultad para tomar medicamentos 2012

	Freq.	Percent	Cum.
0.No	14,103	89.70	89.70
1.Yes	342	2.18	91.87
.d	1	0.01	91.88
.p	1,275	8.11	99.99
.r	1	0.01	99.99
.x	1	0.01	100.00
Total	15,723	100.00	

aivd_comprar_12

Difficulty shopping for groceries 2012
Dificultad para comprar víveres/mandados 2012

	Freq.	Percent	Cum.
0.No	13,149	83.63	83.63
1.Yes	1,292	8.22	91.85
.d	3	0.02	91.87
.p	1,275	8.11	99.97
.r	2	0.01	99.99
.x	2	0.01	100.00
Total	15,723	100.00	

aivd_comidas_12

Difficulty preparing a hot meal 2012
Dificultad para preparar una comida caliente 2012

	Freq.	Percent	Cum.
0.No	13,811	87.84	87.84
1.Yes	629	4.00	91.84
.d	1	0.01	91.85
.p	1,275	8.11	99.96
.r	2	0.01	99.97
.x	5	0.03	100.00
Total	15,723	100.00	

aivd_gru_12

Number of ADLs limitations (cat.) 2012
 Número de AIVDs con limitación (cat.) 2012

	Freq.	Percent	Cum.
0. No limitations	12,867	81.84	81.84
1. 1 limitation	926	5.89	87.72
2. 2 limitations	361	2.30	90.02
3. 3+ limitations	280	1.78	91.80
.d	1	0.01	91.81
.p	1,275	8.11	99.92
.r	3	0.02	99.94
.x	10	0.06	100.00
Total	15,723	100.00	

n_aivd_12

Number of IADLs limitations (0-4) 2012
 Número de AIVDs con limitación (0-4) 2012

Variable	Obs	Mean	Std. Dev.	Min	Max
n_aivd_12	14,434	.1806152	.6032394	0	4

	Freq.	Percent	Cum.
.d	1	0.08	0.08
.p	1,275	98.91	98.99
.r	3	0.23	99.22
.x	10	0.78	100.00
Total	1,289	100.00	

deprimido_12

Most of past week: Felt depressed 2012
 Durante la semana pasada: Se ha sentido deprimido 2012

	Freq.	Percent	Cum.
0.No	9,416	59.89	59.89
1.Yes	5,011	31.87	91.76
.d	13	0.08	91.84
.p	1,275	8.11	99.95
.r	8	0.05	100.00
Total	15,723	100.00	

disf_vida_12 Most of past week: Felt that they enjoyed life 2012
Durante la semana pasada: Ha sentido que disfrutaba de la vida 2012

	Freq.	Percent	Cum.
0.No	3,296	20.96	20.96
1.Yes	11,117	70.71	91.67
.d	15	0.10	91.76
.p	1,275	8.11	99.87
.r	20	0.13	100.00
Total	15,723	100.00	

triste_12 Most of past week: Felt sad 2012
Durante la semana pasada: Se ha sentido triste 2012

	Freq.	Percent	Cum.
0.No	8,594	54.66	54.66
1.Yes	5,839	37.14	91.80
.d	4	0.03	91.82
.p	1,275	8.11	99.93
.r	11	0.07	100.00
Total	15,723	100.00	

cansado_12 Most of past week: Felt tired 2012
Durante la semana pasada: Se ha sentido cansado 2012

	Freq.	Percent	Cum.
0.No	5,906	37.56	37.56
1.Yes	8,534	54.28	91.84
.d	5	0.03	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

energia_12 Most of past week: Felt that they had a lot of energy 2012
Durante la semana pasada: Ha tenido mucha energía 2012

	Freq.	Percent	Cum.
0.No	7,479	47.57	47.57
1.Yes	6,940	44.14	91.71
.d	11	0.07	91.78
.p	1,275	8.11	99.89
.r	18	0.11	100.00
Total	15,723	100.00	

enf_pulm_12 Has been diagnosed with respiratory illness 2012
Alguna vez le han dicho que tiene enfermedad pulmonar 2012

	Freq.	Percent	Cum.
0.No	14,774	93.96	93.96
1.Yes	921	5.86	99.82
.d	25	0.16	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

artritis_12 Has been diagnosed with arthritis/rheumatism 2012
Alguna vez le han dicho que tiene artritis 2012

	Freq.	Percent	Cum.
0.No	13,565	86.27	86.27
1.Yes	2,126	13.52	99.80
.d	27	0.17	99.97
.r	5	0.03	100.00
Total	15,723	100.00	

infarto_12 Has been told he/she had a heart attack 2012
Alguna vez le han dicho que ha tenido ataque/infarto al corazón 2012

	Freq.	Percent	Cum.
0.No	15,128	96.22	96.22
1.Yes	572	3.64	99.85
.d	16	0.10	99.96
.r	7	0.04	100.00
Total	15,723	100.00	

embolia_12 Has been told he/she had a stroke 2012
Alguna vez le han dicho que ha tenido embolia 2012

	Freq.	Percent	Cum.
0.No	15,337	97.54	97.54
1.Yes	369	2.35	99.89
.d	13	0.08	99.97
.r	4	0.03	100.00
Total	15,723	100.00	

cancer_12

Has been diagnosed with cancer 2012
 Alguna vez le han dicho que ha tenido cáncer 2012

	Freq.	Percent	Cum.
0.No	15,354	97.65	97.65
1.Yes	342	2.18	99.83
.d	22	0.14	99.97
.r	5	0.03	100.00
Total	15,723	100.00	

n_enf_12

Number of illnesses (0-7) 2012
 Número de enfermedades (0-7) 2012

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_12	15,599	.9289698	.9606069	0	6

	Freq.	Percent	Cum.
.d	92	74.19	74.19
.r	32	25.81	100.00
Total	124	100.00	

enf_cat_12

Number of illnesses (cat.) 2012
 Número de enfermedades (cat.) 2012

	Freq.	Percent	Cum.
0. No illness	6,307	40.11	40.11
1. 1 illness	5,326	33.87	73.99
2. 2+ illnesses	3,966	25.22	99.21
.d	92	0.59	99.80
.r	32	0.20	100.00
Total	15,723	100.00	

imc_cat_12

Body Mass Index (cat.) 2012
 Body Mass Index (cat.) 2012

	Freq.	Percent	Cum.
1.Underweight	204	1.30	1.30
2.Normal weight	4,380	27.86	29.15
3.Overweight	5,650	35.93	65.09
4.Obese	3,329	21.17	86.26
5.Morbidly obese	268	1.70	87.97
.d	1,886	12.00	99.96
.r	6	0.04	100.00
Total	15,723	100.00	

ejer_3_por_sem_12

Exercise 3+ times per week on average 2012
Hace ejercicio 3+ veces por semana 2012

	Freq.	Percent	Cum.
0.No	8,767	55.76	55.76
1.Yes	5,675	36.09	91.85
.d	3	0.02	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

alcohol_12

Currently drinks alcohol 2012
Actualmente consume alcohol 2012

	Freq.	Percent	Cum.
0.No	12,147	77.26	77.26
1.Yes	3,572	22.72	99.97
.d	2	0.01	99.99
.r	2	0.01	100.00
Total	15,723	100.00	

tabaco_12

Currently smokes tobacco 2012
Actualmente fuma 2012

	Freq.	Percent	Cum.
0.No	13,841	88.03	88.03
1.Yes	1,876	11.93	99.96
.d	4	0.03	99.99
.r	2	0.01	100.00
Total	15,723	100.00	

mide_col_12

Preventive care: Measured cholesterol in blood 2012
Cuidados preventivos: Se mide colesterol en sangre 2012

	Freq.	Percent	Cum.
0.No	4,463	28.39	28.39
1.Yes	9,950	63.28	91.67
.d	32	0.20	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

prueba_tuber_12 Preventive care: Tested for tuberculosis 2012
Cuidados preventivos: Prueba para la tuberculosis 2012

	Freq.	Percent	Cum.
0.No	11,023	70.11	70.11
1.Yes	3,251	20.68	90.78
.d	166	1.06	91.84
.p	1,275	8.11	99.95
.r	8	0.05	100.00
Total	15,723	100.00	

prueba_diab_12 Preventive care: Tested for diabetes 2012
Cuidados preventivos: Prueba para la diabetes 2012

	Freq.	Percent	Cum.
0.No	3,341	21.25	21.25
1.Yes	11,095	70.57	91.81
.d	10	0.06	91.88
.p	1,275	8.11	99.99
.r	2	0.01	100.00
Total	15,723	100.00	

prueba_pres_12 Preventive care: Tested for hypertension/high blood pressure 2012
Cuidados preventivos: Prueba para la hipertensión o presión alta 2012

	Freq.	Percent	Cum.
0.No	3,040	19.33	19.33
1.Yes	11,398	72.49	91.83
.d	7	0.04	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

vacu_gripa_12 Preventive care: Vaccinated against flu 2012
Cuidados preventivos: Se vacuna contra influenza 2012

	Freq.	Percent	Cum.
0.No	5,751	36.58	36.58
1.Yes	8,635	54.92	91.50
.d	58	0.37	91.87
.p	1,275	8.11	99.97
.r	4	0.03	100.00
Total	15,723	100.00	

mamografia_12 Preventive care: Mammogram/breast x-ray (women) 2012
Cuidados preventivos: Mamografía (mujeres) 2012

	Freq.	Percent	Cum.
0.No	4,091	26.02	26.02
1.Si	4,369	27.79	53.81
.d	5	0.03	53.84
.p	1,275	8.11	61.95
.r	10	0.06	62.01
.s	5,970	37.97	99.98
.x	3	0.02	100.00
Total	15,723	100.00	

exam_prostata_12 Preventive care: Prostate exam (men) 2012
Cuidados preventivos: Examen de próstata (hombres) 2012

	Freq.	Percent	Cum.
0.No	4,040	25.69	25.69
1.Yes	1,846	11.74	37.44
.d	14	0.09	37.52
.p	1,275	8.11	45.63
.r	4	0.03	45.66
.s	8,471	53.88	99.54
.x	73	0.46	100.00
Total	15,723	100.00	

hospitalizacion_12 Last 12 months: Has been hospitalized (at least one night) 2012
Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2012

	Freq.	Percent	Cum.
0.No	13,920	88.53	88.53
1.Yes	1,789	11.38	99.91
.d	13	0.08	99.99
.r	1	0.01	100.00
Total	15,723	100.00	

visita_medica_12 Last 12 months: Has visited the doctor (at least once) 2012
Últimos 12 meses: Tuvo visitas al médico (al menos una) 2012

	Freq.	Percent	Cum.
0.No	4,237	26.95	26.95
1.Yes	11,456	72.86	99.81
.d	29	0.18	99.99
.r	1	0.01	100.00
Total	15,723	100.00	

seguro_medico_12

Has any health insurance 2012
Tiene derechohabencia 2012

	Freq.	Percent	Cum.
0.No	2,004	12.75	12.75
1.Yes	13,716	87.24	99.98
.d	3	0.02	100.00
Total	15,723	100.00	

peso_decis_famil_12

Weight in family decisions: Respondent or spouse 2012
Peso en decisiones familiares: entrevistado o cónyuge 2012

	Freq.	Percent	Cum.
1.Respondent	2,566	16.32	16.32
2.Approximately equal weight	6,145	39.08	55.40
3.Spouse	1,449	9.22	64.62
.d	9	0.06	64.68
.m	5,540	35.24	99.91
.r	14	0.09	100.00
Total	15,723	100.00	

peso_decis_personal_12

Weight in family decisions: Respondent or spouse 2012
Peso en decisiones familiares: entrevistado o cónyuge 2012

	Freq.	Percent	Cum.
1.A lot of weight	12,406	78.90	78.90
2.A little weight	1,809	11.51	90.41
3.No weight	156	0.99	91.40
.d	43	0.27	91.67
.m	1,275	8.11	99.78
.r	34	0.22	100.00
Total	15,723	100.00	

pref_decis_med_12

Preference regarding medical decisions 2012
Preferencia del sujeto en cuanto a decisiones médicas 2012

	Freq.	Percent	Cum.
1.R and/or family make the decision	8,087	51.43	51.43
2.Decision is made between doctor and R	4,647	29.56	80.99
3.Letting the doctor make the decision	1,641	10.44	91.43
.d	46	0.29	91.72
.m	1,275	8.11	99.83
.r	27	0.17	100.00
Total	15,723	100.00	

cuida_adulto_12 Use of time: Looks after sick or disabled adult 2012
 Uso del tiempo: Cuida a un adulto enfermo o discapacitado 2012

	Freq.	Percent	Cum.
0.No	11,832	75.25	75.25
1.Yes	2,607	16.58	91.83
.d	2	0.01	91.85
.p	1,275	8.11	99.96
.r	7	0.04	100.00
Total	15,723	100.00	

cuida_menor_12 U. se of time: Looks after child(ren) under 12 2012
 Uso del tiempo: Cuida a niños menores de 12 años 2012

	Freq.	Percent	Cum.
0.No	10,506	66.82	66.82
1.Yes	3,937	25.04	91.86
.d	2	0.01	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

voluntario_12 Use of time: Volunteers for non-profit org. without compensation 2012
 Uso del tiempo: Voluntariado/apoyo a org. civil sin pago 2012

	Freq.	Percent	Cum.
0.No	13,117	83.43	83.43
1.Yes	1,317	8.38	91.80
.d	2	0.01	91.81
.p	1,275	8.11	99.92
.r	12	0.08	100.00
Total	15,723	100.00	

asiste_cursos_12 Use of time: Attends training course, lecture, or class 2012
 Uso del tiempo: Asiste a curso de capacitación, plática o clase 2012

	Freq.	Percent	Cum.
0.No	12,064	76.73	76.73
1.Yes	2,373	15.09	91.82
.d	2	0.01	91.83
.p	1,275	8.11	99.94
.r	9	0.06	100.00
Total	15,723	100.00	

asiste_club_12 Use of time: Attends sport or social club 2012
 Uso del tiempo: Asiste a un deportivo o club social 2012

	Freq.	Percent	Cum.
0.No	13,406	85.26	85.26
1.Yes	1,035	6.58	91.85
.d	2	0.01	91.86
.p	1,275	8.11	99.97
.r	5	0.03	100.00
Total	15,723	100.00	

lee_12 Use of time: Reads books/magazines/newspaper 2012
 Uso del tiempo: Lee algún libro/revista/periódico 2012

	Freq.	Percent	Cum.
0.No	5,840	37.14	37.14
1.Yes	8,570	54.51	91.65
.d	37	0.24	91.88
.p	1,275	8.11	99.99
.r	1	0.01	100.00
Total	15,723	100.00	

cruci_rompe_12 Use of time: Does crosswords/jigsaw puzzles/number games 2012
 Uso del tiempo: Hace crucigramas/rompecabezas/juegos de números 2012

	Freq.	Percent	Cum.
0.No	11,926	75.85	75.85
1.Yes	2,500	15.90	91.75
.d	15	0.10	91.85
.p	1,275	8.11	99.96
.r	7	0.04	100.00
Total	15,723	100.00	

juegos_mesa_12 Use of time: Plays tabletop games, e.g. cards/dominoes/chess 2012
 Uso del tiempo: Juega juegos de mesa como cartas/domino/ajedrez 2012

	Freq.	Percent	Cum.
0.No	12,090	76.89	76.89
1.Yes	2,335	14.85	91.74
.d	9	0.06	91.80
.p	1,275	8.11	99.91
.r	14	0.09	100.00
Total	15,723	100.00	

comu_telef_comp_12

Use of time: Talks on phone or sends messages/uses web on computer 2012
 Uso del tiempo: Habla por teléfono/envía mensajes o usa web por computadora 2012

	Freq.	Percent	Cum.
0.No	4,495	28.59	28.59
1.Yes	9,945	63.25	91.84
.d	3	0.02	91.86
.p	1,275	8.11	99.97
.r	5	0.03	100.00
Total	15,723	100.00	

act_mant_12

Use of time: Maintains house, does repairs, gardens, etc. 2012
 Uso del tiempo: Mantenimiento del hogar/reparaciones/jardinería etc. 2012

	Freq.	Percent	Cum.
0.No	6,560	41.72	41.72
1.Yes	7,879	50.11	91.83
.d	2	0.01	91.85
.p	1,275	8.11	99.96
.r	7	0.04	100.00
Total	15,723	100.00	

ve_tv_12

Use of time: Watches television 2012
 Uso del tiempo: Ve televisión 2012

	Freq.	Percent	Cum.
0.No	1,296	8.24	8.24
1.Yes	13,147	83.62	91.86
.d	2	0.01	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

cose_12

Use of time: Sews/embroiders/knits/makes other crafts 2012
 Uso del tiempo: Cose/borda/teje/realiza manualidades 2012

	Freq.	Percent	Cum.
0.No	10,245	65.16	65.16
1.Yes	4,197	26.69	91.85
.d	3	0.02	91.87
.p	1,275	8.11	99.98
.r	3	0.02	100.00
Total	15,723	100.00	

vida_ideal_12 Life satisfaction: Life is close to ideal 2012
Satisfacción con la vida: Su vida está cerca de su ideal 2012

	Freq.	Percent	Cum.
1. Agrees	10,146	64.53	64.53
2. Neither agrees nor disagrees	2,280	14.50	79.03
3. Disagrees	1,734	11.03	90.06
.d	214	1.36	91.42
.p	1,275	8.11	99.53
.r	74	0.47	100.00
Total	15,723	100.00	

cond_excel_12 Life satisfaction: The conditions of life are excellent 2012
Satisfacción con la vida: Las condiciones de su vida son excelentes 2012

	Freq.	Percent	Cum.
1. Agrees	8,705	55.36	55.36
2. Neither agrees nor disagrees	3,747	23.83	79.20
3. Disagrees	1,873	11.91	91.11
.d	76	0.48	91.59
.p	1,275	8.11	99.70
.r	47	0.30	100.00
Total	15,723	100.00	

satisfecho_12 Life satisfaction: Satisfied with their life 2012
Satisfacción con la vida: Está satisfecho con su vida 2012

	Freq.	Percent	Cum.
1. Agrees	12,167	77.38	77.38
2. Neither agrees nor disagrees	1,414	8.99	86.38
3. Disagrees	789	5.02	91.39
.d	51	0.32	91.72
.p	1,275	8.11	99.83
.r	27	0.17	100.00
Total	15,723	100.00	

cosas_imp_12 Life satisfaction: Has achieved the things important to them 2012
Satisfacción con la vida: Ha conseguido las cosas importantes en la vida 2012

	Freq.	Percent	Cum.
1. Agrees	11,568	73.57	73.57
2. Neither agrees nor disagrees	1,813	11.53	85.10
3. Disagrees	959	6.10	91.20
.d	69	0.44	91.64
.p	1,275	8.11	99.75
.r	39	0.25	100.00
Total	15,723	100.00	

no_cambio_12 Life satisfaction: Would change almost nothing about their life 2012
 Satisfacción con la vida: No cambiaría casi nada de su vida si pudiera 2012

	Freq.	Percent	Cum.
1. Agrees	9,274	58.98	58.98
2. Neither agrees nor disagrees	2,253	14.33	73.31
3. Disagrees	2,714	17.26	90.57
.d	151	0.96	91.53
.p	1,275	8.11	99.64
.r	56	0.36	100.00
Total	15,723	100.00	

ocupacion_12 Employment status 2012
 Estado de empleo 2012

	Freq.	Percent	Cum.
1. Currently Working	5,685	36.16	36.16
2. Currently looking for work	441	2.80	38.96
3. Dedicated to household chores	5,056	32.16	71.12
4. Retired, incapacitated, or does not work	4,539	28.87	99.99
.d	1	0.01	99.99
.r	1	0.01	100.00
Total	15,723	100.00	

memoria_12 Self-report of memory 2012
 Auto-reporte de Memoria 2012

	Freq.	Percent	Cum.
1.Excellent	469	2.98	2.98
2.Very good	712	4.53	7.51
3.Good	4,892	31.11	38.62
4.Fair	6,951	44.21	82.83
5.Poor	1,130	7.19	90.02
.d	11	0.07	90.09
.i	118	0.75	90.84
.p	1,275	8.11	98.95
.r	165	1.05	100.00
Total	15,723	100.00	

2003

cunicah	Unique Household ID Clave Única del Hogar (=unhhid)
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Not tabulated

np	Person Number Número de Persona
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Not tabulated

subhog_03	2003 sub-household identifier 2003 identificador del subhogar
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Not tabulated

tipent_03	Type of interview 2003 Tipo de entrevista 2003
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Type of interview 2003	Freq.	Percent	Cum.
Direct, first interview	8,465	61.77	61.77
Direct, second interview	4,061	29.63	91.40
Proxy, first interview	457	3.33	94.74
Proxy, second interview	721	5.26	100.00
Total	13,704	100.00	

new_sample_03	Follow-up and new sample/spouses 2003 Muestra de seguimiento y muestra nueva/nueva pareja 2003
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	Freq.	Percent	Cum.
1.Follow-up person	13,497	98.49	98.49
2.New person	207	1.51	100.00
Total	13,704	100.00	

factori_03	Individual weight 2003 Factor de expansión individual 2003
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Not tabulated

factorh_03	Household weight 2003 Factor de expansión del hogar 2003
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Not tabulated

genero

Gender
Género

	Freq.	Percent	Cum.
1.Male	5,827	42.52	42.52
2.Female	7,877	57.48	100.00
Total	13,704	100.00	

edad_03

Age 2003 (years)
Edad (en años) 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
edad_03	13,693	62.68166	10.51752	21	108

	Freq.	Percent	Cum.
.d	10	90.91	90.91
.e	1	9.09	100.00
Total	11	100.00	

edad_gru_03

Age (cat.) 2003
Edad (cat.) 2003

	Freq.	Percent	Cum.
0. 49 or younger	882	6.44	6.44
1. 50-59	5,120	37.36	43.80
2. 60-69	4,304	31.41	75.20
3. 70-79	2,415	17.62	92.83
4. 80+	972	7.09	99.92
.d	10	0.07	99.99
.e	1	0.01	100.00
Total	13,704	100.00	

urbano_03

Locality size (urban/rural) 2003
Tamaño de Localidad (urbano/rural) 2003

Locality size (urban/rural) 2003	Freq.	Percent	Cum.
0. <100,000	5,777	42.16	42.16
1. 100,000+	7,927	57.84	100.00
Total	13,704	100.00	

educacion

Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	13,614	4.549287	4.386178	0	19
Years of education					
	Freq.	Percent	Cum.		
.d	21	23.33	23.33		
.m	67	74.44	97.78		
.r	2	2.22	100.00		
Total	90	100.00			

edu_gru

Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	3,311	24.16	24.16
1. 1-5 years	4,758	34.72	58.88
2. 6 years	2,541	18.54	77.42
3. 7-9 years	1,732	12.64	90.06
4. 10+ years	1,272	9.28	99.34
.d	21	0.15	99.50
.m	67	0.49	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

est_conyugal_03

Marital status 2003
Estado Conyugal 2003

	Freq.	Percent	Cum.
1.Married or in civil union	9,689	70.70	70.70
2.Separated or divorced	947	6.91	77.61
3.Widowed	2,545	18.57	96.18
4.Single	522	3.81	99.99
.d	1	0.01	100.00
Total	13,704	100.00	

n_union_03

Number of unions 2003
Número de uniones 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_03	13,563	1.159773	.5628715	0	11

	Freq.	Percent	Cum.
.d	45	31.91	31.91
.m	67	47.52	79.43
.r	29	20.57	100.00
Total	141	100.00	

n_unionos_gru_03

Number of unions (cat.) 2003
Número de uniones (cat.) 2003

	Freq.	Percent	Cum.
0. 0	371	2.71	2.71
1. 1	11,243	82.04	84.75
2. 2	1,524	11.12	95.87
3. 3+	425	3.10	98.97
.d	45	0.33	99.30
.m	67	0.49	99.79
.r	29	0.21	100.00
Total	13,704	100.00	

n_hijos_vivos_03

Number of living children 2003
Número de hijos vivos 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_03	13,595	5.1516	3.057015	0	21

	Freq.	Percent	Cum.
.d	35	32.11	32.11
.m	67	61.47	93.58
.r	7	6.42	100.00
Total	109	100.00	

hijos_vivos_gru_03

Number of living children (cat.) 2003
Número de hijos vivos (cat.) 2003

	Freq.	Percent	Cum.
0. No children	710	5.18	5.18
1. 1 or 2	1,953	14.25	19.43
2. 3 or 4	3,679	26.85	46.28
3. 5 or 6	3,042	22.20	68.48
4. 7+	4,211	30.73	99.20
.d	35	0.26	99.46
.m	67	0.49	99.95
.r	7	0.05	100.00
Total	13,704	100.00	

migracion_03

Has lived/worked in the U.S. 2003
Ha trabajado/vivido en EE.UU. 2003

	Freq.	Percent	Cum.
0.No	12,105	88.33	88.33
1.Yes	1,583	11.55	99.88
.d	16	0.12	100.00
Total	13,704	100.00	

salud_glob_03

Self-report of global health 2003
Auto-reporte de salud global 2003

	Freq.	Percent	Cum.
1.Excellent	189	1.38	1.38
2.Very good	396	2.89	4.27
3.Good	3,559	25.97	30.24
4.Fair	6,204	45.27	75.51
5.Poor	2,173	15.86	91.37
.d	4	0.03	91.40
.p	1,178	8.60	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

abvd_vestirse_03

Difficulty dressing themselves 2003
Dificultad para vestirse 2003

	Freq.	Percent	Cum.
0.No	11,745	85.70	85.70
1.Yes	754	5.50	91.21
.i	25	0.18	91.39
.p	1,178	8.60	99.99
.x	2	0.01	100.00
Total	13,704	100.00	

abvd_caminar_03

Difficulty walking from one side of a room to the other 2003
Dificultad para cruzar un cuarto 2003

	Freq.	Percent	Cum.
0.No	12,880	93.99	93.99
1.Yes	770	5.62	99.61
.i	28	0.20	99.81
.m	19	0.14	99.95
.r	5	0.04	99.99
.x	2	0.01	100.00
Total	13,704	100.00	

abvd_gru_03

Number of limitations with ADLs (cat.) 2003
 Número de limitaciones con ABVDs (cat.) 2003

	Freq.	Percent	Cum.
0. No limitations	12,447	90.83	90.83
1. 1 limitation	537	3.92	94.75
2. 2 limitations	225	1.64	96.39
3. 3+ limitations	432	3.15	99.54
.i	28	0.20	99.74
.m	19	0.14	99.88
.r	5	0.04	99.92
.x	11	0.08	100.00
Total	13,704	100.00	

n_abvd_03

Number of limitations with ADLs (0-5) 2003
 Número de limitaciones con ABVDs (0-5) 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_abvd_03	13,641	.2002786	.7768101	0	5

	Freq.	Percent	Cum.
.i	28	44.44	44.44
.m	19	30.16	74.60
.r	5	7.94	82.54
.x	11	17.46	100.00
Total	63	100.00	

aivd_dinero_03

Difficulty managing money 2003
 Dificultad para manejar dinero 2003

	Freq.	Percent	Cum.
0.No	12,219	89.16	89.16
1.Yes	280	2.04	91.21
.i	25	0.18	91.39
.p	1,178	8.60	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

aivd_medicina_03

Difficulty taking medications 2003
Dificultad para tomar medicamentos 2003

	Freq.	Percent	Cum.
0.No	12,227	89.22	89.22
1.Yes	273	1.99	91.21
.i	25	0.18	91.40
.p	1,178	8.60	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

aivd_comprar_03

Difficulty shopping for groceries 2003
Dificultad para comprar víveres/mandados 2003

	Freq.	Percent	Cum.
0.No	11,670	85.16	85.16
1.Yes	829	6.05	91.21
.i	25	0.18	91.39
.p	1,178	8.60	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

aivd_comidas_03

Difficulty preparing a hot meal 2003
Dificultad para preparar una comida caliente 2003

	Freq.	Percent	Cum.
0.No	11,999	87.56	87.56
1.Yes	499	3.64	91.20
.i	25	0.18	91.38
.p	1,178	8.60	99.98
.r	2	0.01	99.99
.x	1	0.01	100.00
Total	13,704	100.00	

aivd_gru_03

Number of ADLs limitations (cat.) 2003
Número de AIVDs con limitación (cat.) 2003

	Freq.	Percent	Cum.
0. No limitations	11,501	83.92	83.92
1. 1 limitation	519	3.79	87.71
2. 2 limitations	218	1.59	89.30
3. 3+ limitations	260	1.90	91.20
.i	25	0.18	91.38
.p	1,178	8.60	99.98
.r	2	0.01	99.99
.x	1	0.01	100.00
Total	13,704	100.00	

n_aivd_03

Number of ADLs limitations (0-4) 2003
Número de AIVDs con limitación (0-4) 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_aivd_03	12,498	.1504241	.5976135	0	4
	Freq.	Percent	Cum.		
.i	25	2.07	2.07		
.p	1,178	97.68	99.75		
.r	2	0.17	99.92		
.x	1	0.08	100.00		
Total	1,206	100.00			

deprimido_03

Most of past week: Felt depressed 2003
Durante la semana pasada: Se ha sentido deprimido 2003

	Freq.	Percent	Cum.
0.No	7,596	55.43	55.43
1.Yes	4,907	35.81	91.24
.d	17	0.12	91.36
.p	1,178	8.60	99.96
.r	6	0.04	100.00
Total	13,704	100.00	

esfuerzo_03

Most of past week: Felt that everything they do is an effort 2003
Durante la semana pasada: Ha sentido que todo era esfuerzo 2003

	Freq.	Percent	Cum.
0.No	7,942	57.95	57.95
1.Yes	4,568	33.33	91.29
.d	11	0.08	91.37
.p	1,178	8.60	99.96
.r	5	0.04	100.00
Total	13,704	100.00	

intranquilo_03

Most of past week: Had restless sleep 2003
Durante la semana pasada: Sueño intranquilo 2003

	Freq.	Percent	Cum.
0.No	7,620	55.60	55.60
1.Yes	4,893	35.70	91.31
.d	7	0.05	91.36
.p	1,178	8.60	99.96
.r	6	0.04	100.00
Total	13,704	100.00	

feliz_03

Most of past week: Felt happy 2003
 Durante la semana pasada: Se ha sentido feliz 2003

	Freq.	Percent	Cum.
0.No	3,382	24.68	24.68
1.Yes	9,095	66.37	91.05
.d	35	0.26	91.30
.p	1,178	8.60	99.90
.r	14	0.10	100.00
Total	13,704	100.00	

solo_03

Most of past week: Felt lonely 2003
 Durante la semana pasada: Se ha sentido solo 2003

	Freq.	Percent	Cum.
0.No	8,409	61.36	61.36
1.Yes	4,096	29.89	91.25
.d	15	0.11	91.36
.p	1,178	8.60	99.96
.r	6	0.04	100.00
Total	13,704	100.00	

disf_vida_03

Most of past week: Felt that they enjoyed life 2003
 Durante la semana pasada: Ha sentido que disfrutaba de la vida 2003

	Freq.	Percent	Cum.
0.No	3,954	28.85	28.85
1.Yes	8,510	62.10	90.95
.d	44	0.32	91.27
.p	1,178	8.60	99.87
.r	18	0.13	100.00
Total	13,704	100.00	

triste_03

Most of past week: Felt sad 2003
 Durante la semana pasada: Se ha sentido triste 2003

	Freq.	Percent	Cum.
0.No	7,423	54.17	54.17
1.Yes	5,091	37.15	91.32
.d	7	0.05	91.37
.p	1,178	8.60	99.96
.r	5	0.04	100.00
Total	13,704	100.00	

cansado_03

Most of past week: Felt tired 2003
Durante la semana pasada: Se ha sentido cansado 2003

	Freq.	Percent	Cum.
0.No	5,331	38.90	38.90
1.Yes	7,184	52.42	91.32
.d	7	0.05	91.37
.p	1,178	8.60	99.97
.r	4	0.03	100.00
Total	13,704	100.00	

energia_03

Most of past week: Felt that they had a lot of energy 2003
Durante la semana pasada: Ha tenido mucha energía 2003

	Freq.	Percent	Cum.
0.No	7,512	54.82	54.82
1.Yes	4,958	36.18	91.00
.d	42	0.31	91.30
.p	1,178	8.60	99.90
.r	14	0.10	100.00
Total	13,704	100.00	

n_sint_depr_03

Number of CES-D depressive symptoms (0-9) 2003
Número de síntomas depresivos (0-9) CES-D 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_sint_depr_03	12,475	3.638156	2.705683	0	9

	Freq.	Percent	Cum.
.d	3	0.24	0.24
.p	1,178	95.85	96.09
.r	48	3.91	100.00
Total	1,229	100.00	

cesd_deprimido_03

Has 5+ CES-D depressive symptoms 2003
Con 5 o más síntomas depresivos CES-D 2003

	Freq.	Percent	Cum.
0.No	7,988	58.29	58.29
1.Yes	4,487	32.74	91.03
.d	3	0.02	91.05
.p	1,178	8.60	99.65
.r	48	0.35	100.00
Total	13,704	100.00	

embolia_03 Has been told he/she had a stroke 2003
Alguna vez le han dicho que ha tenido embolia 2003

	Freq.	Percent	Cum.
0.No	13,272	96.85	96.85
1.Yes	430	3.14	99.99
.d	2	0.01	100.00
Total	13,704	100.00	

cancer_03 Has been diagnosed with cancer 2003
Alguna vez le han dicho que ha tenido cáncer 2003

	Freq.	Percent	Cum.
0.No	13,379	97.63	97.63
1.Yes	316	2.31	99.93
.d	9	0.07	100.00
Total	13,704	100.00	

n_enf_03 Number of illnesses (0-7) 2003
Número de enfermedades (0-7) 2003

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_03	13,703	1.12282	1.043021	0	6

	Freq.	Percent	Cum.
.r	1	100.00	100.00
Total	1	100.00	

enf_cat_03 Number of illnesses (cat.) 2003
Número de enfermedades (cat.) 2003

	Freq.	Percent	Cum.
0. No illness	4,538	33.11	33.11
1. 1 illness	4,719	34.44	67.55
2. 2+ illnesses	4,446	32.44	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

imc_cat_03

Body Mass Index (cat.) 2003
Índice de Masa Corporal (cat.) 2003

BMI category 2003	Freq.	Percent	Cum.
1.Underweight	163	1.19	1.19
2.Normal weight	2,923	21.33	22.52
3.Overweight	3,925	28.64	51.16
4.Obese	2,220	16.20	67.36
5.Morbidly obese	200	1.46	68.82
.d	4,261	31.09	99.91
.r	12	0.09	100.00
Total	13,704	100.00	

ejer_3_por_sem_03

Exercise 3+ times per week on average 2003
Hace ejercicio 3+ veces por semana 2003

	Freq.	Percent	Cum.
0.No	7,989	58.30	58.30
1.Yes	4,531	33.06	91.36
.d	4	0.03	91.39
.p	1,178	8.60	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

alcohol_03

Currently drinks alcohol 2003
Actualmente consume alcohol 2003

	Freq.	Percent	Cum.
0.No	10,159	74.13	74.13
1.Yes	3,541	25.84	99.97
.d	3	0.02	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

tabaco_03

Currently smokes tobacco 2003
Actualmente fuma 2003

	Freq.	Percent	Cum.
0.No	11,493	83.87	83.87
1.Yes	2,200	16.05	99.92
.d	1	0.01	99.93
.p	10	0.07	100.00
Total	13,704	100.00	

mide_col_03 Preventive care: Measured cholesterol in blood 2003
 Cuidados preventivos: Se mide colesterol en sangre 2003

	Freq.	Percent	Cum.
0.No	5,779	42.17	42.17
1.Yes	6,695	48.85	91.02
.d	50	0.36	91.39
.p	1,178	8.60	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

prueba_tuber_03 Preventive care: Tested for tuberculosis 2003
 Cuidados preventivos: Prueba para la tuberculosis 2003

	Freq.	Percent	Cum.
0.No	9,306	67.91	67.91
1.Yes	3,115	22.73	90.64
.d	102	0.74	91.38
.p	1,178	8.60	99.98
.r	3	0.02	100.00
Total	13,704	100.00	

prueba_diab_03 Preventive care: Tested for diabetes 2003
 Cuidados preventivos: Prueba para la diabetes 2003

	Freq.	Percent	Cum.
0.No	4,085	29.81	29.81
1.Yes	8,417	61.42	91.23
.d	23	0.17	91.40
.p	1,178	8.60	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

prueba_pres_03 Preventive care: Tested for hypertension/high blood pressure 2003
 Cuidados preventivos: Prueba para la hipertensión o presión alta 2003

	Freq.	Percent	Cum.
0.No	3,148	22.97	22.97
1.Yes	9,362	68.32	91.29
.d	15	0.11	91.40
.p	1,178	8.60	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

auto_exam_mama_03

Preventive care: Monthly self-exam for knots/lumps in breasts (women) 2003
 Cuidados preventivos: Autoexamen mensual de senos (mujeres) 2003

	Freq.	Percent	Cum.
0.No	4,205	30.68	30.68
1.Yes	3,117	22.75	53.43
.d	4	0.03	53.46
.m	16	0.12	53.58
.p	1,178	8.60	62.17
.r	9	0.07	62.24
.s	5,174	37.76	99.99
.x	1	0.01	100.00
Total	13,704	100.00	

papanic_03

Preventive care: Pap smear test (women) 2003
 Cuidados preventivos: Prueba Papanicolaou (mujeres) 2003

	Freq.	Percent	Cum.
0.No	2,695	19.67	19.67
1.Yes	4,595	33.53	53.20
.d	7	0.05	53.25
.m	16	0.12	53.36
.p	1,178	8.60	61.96
.r	4	0.03	61.99
.s	5,174	37.76	99.74
.x	35	0.26	100.00
Total	13,704	100.00	

mamografia_03

Preventive care: Mammogram/breast x-ray (women) 2003
 Cuidados preventivos: Mamografía (mujeres) 2003

	Freq.	Percent	Cum.
0.No	5,600	40.86	40.86
1.Si	1,720	12.55	53.42
.d	10	0.07	53.49
.m	16	0.12	53.60
.p	1,178	8.60	62.20
.r	5	0.04	62.24
.s	5,174	37.76	99.99
.x	1	0.01	100.00
Total	13,704	100.00	

exam_prostata_03

Preventive care: Prostate exam (men) 2003
Cuidados preventivos: Examen de próstata (hombres) 2003

	Freq.	Percent	Cum.
0.No	3,917	28.58	28.58
1.Yes	1,055	7.70	36.28
.d	23	0.17	36.45
.m	22	0.16	36.61
.p	1,178	8.60	45.21
.r	3	0.02	45.23
.s	7,352	53.65	98.88
.x	154	1.12	100.00
Total	13,704	100.00	

hospitalizacion_03

Last 12 months: Has been hospitalized (at least one night) 2003
Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2003

	Freq.	Percent	Cum.
0.No	12,147	88.64	88.64
1.Yes	1,548	11.30	99.93
.d	6	0.04	99.98
.i	3	0.02	100.00
Total	13,704	100.00	

visita_medica_03

Last 12 months: Has visited the doctor (at least once) 2003
Últimos 12 meses: Tuvo visitas al médico (al menos una) 2003

	Freq.	Percent	Cum.
0.No	4,592	33.51	33.51
1.Yes	9,063	66.13	99.64
.d	46	0.34	99.98
.i	3	0.02	100.00
Total	13,704	100.00	

ciru_ambu_03

Last 12 months: Has had outpatient procedures (at least one) 2003
Últimos 12 meses: Tuvo cirugía ambulatoria (al menos una) 2003

	Freq.	Percent	Cum.
0.No	13,328	97.26	97.26
1.Yes	370	2.70	99.96
.d	3	0.02	99.98
.i	3	0.02	100.00
Total	13,704	100.00	

visita_dental_03 Last 12 months: Has visited dentist (at least once) 2003
 Últimos 12 meses: Tuvo visitas al dentista (al menos una) 2003

	Freq.	Percent	Cum.
0.No	10,111	73.78	73.78
1.Yes	3,578	26.11	99.89
.d	12	0.09	99.98
.i	3	0.02	100.00
Total	13,704	100.00	

imss_03 Has health care covered by IMSS 2003
 Tiene derecho a servicio médico en IMSS 2003

	Freq.	Percent	Cum.
0.No	7,235	52.79	52.79
1.Yes	6,455	47.10	99.90
.d	10	0.07	99.97
.i	3	0.02	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

issste_03 Has health care covered by ISSSTE/ISSSTE Estatal 2003
 Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal 2003

	Freq.	Percent	Cum.
0.No	11,808	86.16	86.16
1.Yes	1,880	13.72	99.88
.d	11	0.08	99.96
.i	3	0.02	99.99
.r	2	0.01	100.00
Total	13,704	100.00	

pem_def_mar_03 Has health care covered by PEMEX, Defensa, or Marina 2003
 Tiene derecho a servicio médico en Pemex, Defensa o Marina 2003

	Freq.	Percent	Cum.
0.No	13,399	97.77	97.77
1.Yes	292	2.13	99.91
.d	9	0.07	99.97
.i	3	0.02	99.99
.r	1	0.01	100.00
Total	13,704	100.00	

2001

cunicah Unique Household ID
Clave Única del Hogar (=unhhid)

Not tabulated

np Person Number
Número de Persona

Not tabulated

subhog_01 2001 sub-household identifier
2001 identificador del subhogar

Not tabulated

tipent_01 Type of interview 2001
Tipo de entrevista 2001

Type of interview 2001	Freq.	Percent	Cum.
11.Direct, first interview	9,424	62.06	62.06
12.Direct, second interview	4,730	31.15	93.20
21.Proxy, first interview	438	2.88	96.09
22.Proxy, second interview	594	3.91	100.00
Total	15,186	100.00	

factori_01 Individual weight 2001
Factor de expansión individual 2001

Not tabulated

factorh_01 Household weight 2001
Factor de expansión del hogar 2001

Not tabulated

genero Gender
Género

Gender	Freq.	Percent	Cum.
1.Male	6,504	42.83	42.83
2.Female	8,682	57.17	100.00
Total	15,186	100.00	

edad_01 Age 2001 (years)
Edad (en años) 2001

Variable	Obs	Mean	Std. Dev.	Min	Max
edad_01	15,186	60.79014	10.84555	18	106

edad_gru_01

Age (cat.) 2001
Edad (cat.) 2001

	Freq.	Percent	Cum.
0. 49 or younger	1,553	10.23	10.23
1. 50-59	6,217	40.94	51.17
2. 60-69	4,207	27.70	78.87
3. 70-79	2,307	15.19	94.06
4. 80+	902	5.94	100.00
Total	15,186	100.00	

urbano_01

Locality size (urban/rural) 2001
Tamaño de Localidad (urbano/rural) 2001

	Freq.	Percent	Cum.
0. <100,000	6,229	41.02	41.02
1. 100,000+	8,957	58.98	100.00
Total	15,186	100.00	

educacion

Years of education
Años de Educación

Variable	Obs	Mean	Std. Dev.	Min	Max
educacion	15,167	4.6377	4.454809	0	19

	Freq.	Percent	Cum.
.d	17	89.47	89.47
.r	2	10.53	100.00
Total	19	100.00	

edu_gru

Years of education (cat.)
Años de educación (cat.)

	Freq.	Percent	Cum.
0. No education	3,652	24.05	24.05
1. 1-5 years	5,239	34.50	58.55
2. 6 years	2,788	18.36	76.91
3. 7-9 years	1,988	13.09	90.00
4. 10+ years	1,500	9.88	99.87
.d	17	0.11	99.99
.r	2	0.01	100.00
Total	15,186	100.00	

est_conyugal_01

Marital status 2001
Estado Conyugal 2001

	Freq.	Percent	Cum.
1.Married or in civil union	10,512	69.22	69.22
2.Separated or divorced	1,144	7.53	76.75
3.Widowed	2,535	16.69	93.45
4.Single	539	3.55	97.00
.m	456	3.00	100.00
Total	15,186	100.00	

n_union_01

Number of unions 2001
Número de uniones 2001

Variable	Obs	Mean	Std. Dev.	Min	Max
n_union_01	15,121	1.132928	.546805	0	11

	Freq.	Percent	Cum.
.d	38	58.46	58.46
.r	27	41.54	100.00
Total	65	100.00	

n_union_gru_01

Number of unions (cat.) 2001
Número de uniones (cat.) 2001

	Freq.	Percent	Cum.
0. 0	539	3.55	3.55
1. 1	12,594	82.93	86.48
2. 2	1,585	10.44	96.92
3. 3+	403	2.65	99.57
.d	38	0.25	99.82
.r	27	0.18	100.00
Total	15,186	100.00	

n_hijos_vivos_01

Number of living children 2001
Número de hijos vivos 2001

Variable	Obs	Mean	Std. Dev.	Min	Max
n_hijos_vivos_01	15,150	5.089505	3.05278	0	21

	Freq.	Percent	Cum.
.d	29	80.56	80.56
.r	7	19.44	100.00
Total	36	100.00	

hijos_vivos_gru_01

Number of living children (cat.) 2001
Número de hijos vivos (cat.) 2001

	Freq.	Percent	Cum.
0. No children	842	5.54	5.54
1. 1 or 2	2,220	14.62	20.16
2. 3 or 4	4,125	27.16	47.33
3. 5 or 6	3,382	22.27	69.60
4. 7+	4,581	30.17	99.76
.d	29	0.19	99.95
.r	7	0.05	100.00
Total	15,186	100.00	

migracion_01

Has lived/worked in the U.S. 2001
Ha trabajado/vivido en EE.UU. 2001

	Freq.	Percent	Cum.
0.No	13,821	91.01	91.01
1.Yes	1,352	8.90	99.91
.d	3	0.02	99.93
.r	10	0.07	100.00
Total	15,186	100.00	

salud_glob_01

Self-report of global health 2001
Auto-reporte de salud global 2001

	Freq.	Percent	Cum.
1.Excellent	271	1.78	1.78
2.Very good	627	4.13	5.91
3.Good	4,495	29.60	35.51
4.Fair	6,585	43.36	78.88
5.Poor	2,169	14.28	93.16
.d	1	0.01	93.16
.i	4	0.03	93.19
.p	1,032	6.80	99.99
.r	2	0.01	100.00
Total	15,186	100.00	

abvd_vestirse_01

Difficulty dressing themselves 2001

Dificultad para vestirse 2001

	Freq.	Percent	Cum.
0.No	13,147	86.57	86.57
1.Yes	899	5.92	92.49
.d	31	0.20	92.70
.i	38	0.25	92.95
.p	1,032	6.80	99.74
.r	37	0.24	99.99
.x	2	0.01	100.00
Total	15,186	100.00	

abvd_caminar_01

Difficulty walking from one side of a room to the other 2001

Dificultad para cruzar un cuarto 2001

	Freq.	Percent	Cum.
0.No	14,185	93.41	93.41
1.Yes	784	5.16	98.57
.d	37	0.24	98.81
.i	40	0.26	99.08
.r	137	0.90	99.98
.x	3	0.02	100.00
Total	15,186	100.00	

abvd_banar_01

Difficulty bathing themselves in a tub/shower 2001

Dificultad para bañarse en una tina o regadera 2001

	Freq.	Percent	Cum.
0.No	14,403	94.84	94.84
1.Yes	567	3.73	98.58
.d	37	0.24	98.82
.i	40	0.26	99.08
.r	138	0.91	99.99
.x	1	0.01	100.00
Total	15,186	100.00	

abvd_comer_01

Difficulty eating 2001

Dificultad para comer 2001

	Freq.	Percent	Cum.
0.No	14,657	96.52	96.52
1.Yes	310	2.04	98.56
.d	38	0.25	98.81
.i	40	0.26	99.07
.r	136	0.90	99.97
.x	5	0.03	100.00
Total	15,186	100.00	

	Freq.	Percent	Cum.
.d	45	18.44	18.44
.i	40	16.39	34.84
.r	149	61.07	95.90
.x	10	4.10	100.00
Total	244	100.00	

aivd_dinero_01 Difficulty managing money 2001
Dificultad para manejar dinero 2001

	Freq.	Percent	Cum.
0.No	13,732	90.43	90.43
1.Yes	321	2.11	92.54
.d	15	0.10	92.64
.i	38	0.25	92.89
.p	1,032	6.80	99.68
.r	42	0.28	99.96
.x	6	0.04	100.00
Total	15,186	100.00	

aivd_medicina_01 Difficulty taking medications 2001
Dificultad para tomar medicamentos 2001

	Freq.	Percent	Cum.
0.No	13,721	90.35	90.35
1.Yes	336	2.21	92.57
.d	16	0.11	92.67
.i	38	0.25	92.92
.p	1,032	6.80	99.72
.r	39	0.26	99.97
.x	4	0.03	100.00
Total	15,186	100.00	

aivd_comprar_01 Difficulty shopping for groceries 2001
Dificultad para comprar víveres/mandados 2001

	Freq.	Percent	Cum.
0.No	13,170	86.72	86.72
1.Yes	846	5.57	92.30
.d	13	0.09	92.38
.i	38	0.25	92.63
.p	1,032	6.80	99.43
.r	34	0.22	99.65
.x	53	0.35	100.00
Total	15,186	100.00	

aivd_comidas_01

Difficulty preparing a hot meal 2001
Dificultad para preparar una comida caliente 2001

	Freq.	Percent	Cum.
0.No	13,496	88.87	88.87
1.Yes	507	3.34	92.21
.d	13	0.09	92.30
.i	38	0.25	92.55
.p	1,032	6.80	99.34
.r	10	0.07	99.41
.x	90	0.59	100.00
Total	15,186	100.00	

aivd_gru_01

Number of IADLs limitations (cat.) 2001
Número de AIVDs con limitación (cat.) 2001

	Freq.	Percent	Cum.
0. No limitations	12,895	84.91	84.91
1. 1 limitation	535	3.52	88.44
2. 2 limitations	259	1.71	90.14
3. 3+ limitations	263	1.73	91.87
.d	15	0.10	91.97
.i	38	0.25	92.22
.p	1,032	6.80	99.02
.r	44	0.29	99.31
.x	105	0.69	100.00
Total	15,186	100.00	

n_aivd_01

Number of ADLs limitations (0-4) 2001
Número de AIVDs con limitación (0-4) 2001

Variable	Obs	Mean	Std. Dev.	Min	Max
n_aivd_01	13,952	.1424885	.5789867	0	4

	Freq.	Percent	Cum.
.d	15	1.22	1.22
.i	38	3.08	4.29
.p	1,032	83.63	87.93
.r	44	3.57	91.49
.x	105	8.51	100.00
Total	1,234	100.00	

deprimido_01 Most of past week: Felt depressed 2001
Durante la semana pasada: Se ha sentido deprimido 2001

	Freq.	Percent	Cum.
0.No	8,723	57.44	57.44
1.Yes	5,284	34.80	92.24
.d	87	0.57	92.81
.i	4	0.03	92.84
.p	1,032	6.80	99.63
.r	56	0.37	100.00
Total	15,186	100.00	

esfuerzo_01 Most of past week: Felt that everything they do is an effort 2001
Durante la semana pasada: Ha sentido que todo era esfuerzo 2001

	Freq.	Percent	Cum.
0.No	8,896	58.58	58.58
1.Yes	5,088	33.50	92.08
.d	85	0.56	92.64
.i	4	0.03	92.67
.p	1,032	6.80	99.47
.r	81	0.53	100.00
Total	15,186	100.00	

intranquilo_01 Most of past week: Had restless sleep 2001
Durante la semana pasada: Sueño intranquilo 2001

	Freq.	Percent	Cum.
0.No	8,898	58.59	58.59
1.Yes	5,136	33.82	92.41
.d	60	0.40	92.81
.i	4	0.03	92.84
.p	1,032	6.80	99.63
.r	56	0.37	100.00
Total	15,186	100.00	

feliz_01 Most of past week: Felt happy 2001
Durante la semana pasada: Se ha sentido feliz 2001

	Freq.	Percent	Cum.
0.No	3,437	22.63	22.63
1.Yes	10,559	69.53	92.16
.d	80	0.53	92.69
.i	4	0.03	92.72
.p	1,032	6.80	99.51
.r	74	0.49	100.00
Total	15,186	100.00	

solo_01

Most of past week: Felt lonely 2001
 Durante la semana pasada: Se ha sentido solo 2001

	Freq.	Percent	Cum.
0.No	9,407	61.95	61.95
1.Yes	4,605	30.32	92.27
.d	68	0.45	92.72
.i	4	0.03	92.74
.p	1,032	6.80	99.54
.r	70	0.46	100.00
Total	15,186	100.00	

disf_vida_01

Most of past week: Felt that they enjoyed life 2001
 Durante la semana pasada: Ha sentido que disfrutaba de la vida 2001

	Freq.	Percent	Cum.
0.No	3,975	26.18	26.18
1.Yes	9,943	65.47	91.65
.d	128	0.84	92.49
.i	4	0.03	92.52
.p	1,032	6.80	99.32
.r	104	0.68	100.00
Total	15,186	100.00	

triste_01

Most of past week: Felt sad 2001
 Durante la semana pasada: Se ha sentido triste 2001

	Freq.	Percent	Cum.
0.No	8,423	55.47	55.47
1.Yes	5,583	36.76	92.23
.d	75	0.49	92.72
.i	4	0.03	92.75
.p	1,032	6.80	99.55
.r	69	0.45	100.00
Total	15,186	100.00	

cansado_01

Most of past week: Felt tired 2001
 Durante la semana pasada: Se ha sentido cansado 2001

	Freq.	Percent	Cum.
0.No	5,665	37.30	37.30
1.Yes	8,347	54.97	92.27
.d	72	0.47	92.74
.i	4	0.03	92.77
.p	1,032	6.80	99.57
.r	66	0.43	100.00
Total	15,186	100.00	

infarto_01 Has been told he/she had a heart attack 2001
 Alguna vez le han dicho que ha tenido ataque/infarto al corazón 2001

	Freq.	Percent	Cum.
0.No	14,239	93.76	93.76
1.Yes	488	3.21	96.98
.d	24	0.16	97.14
.i	4	0.03	97.16
.r	36	0.24	97.40
.s	395	2.60	100.00
Total	15,186	100.00	

embolia_01 Has been told he/she had a stroke 2001
 Alguna vez le han dicho que ha tenido embolia 2001

	Freq.	Percent	Cum.
0.No	14,339	94.42	94.42
1.Yes	391	2.57	97.00
.d	18	0.12	97.12
.i	4	0.03	97.14
.r	39	0.26	97.40
.s	395	2.60	100.00
Total	15,186	100.00	

cancer_01 Has been diagnosed with cancer 2001
 Alguna vez le han dicho que ha tenido cáncer 2001

	Freq.	Percent	Cum.
0.No	14,434	95.05	95.05
1.Yes	299	1.97	97.02
.d	22	0.14	97.16
.i	4	0.03	97.19
.r	32	0.21	97.40
.s	395	2.60	100.00
Total	15,186	100.00	

n_enf_01 Number of illnesses (0-7) 2001
 Número de enfermedades (0-7) 2001

Variable	Obs	Mean	Std. Dev.	Min	Max
n_enf_01	14,600	.8697945	.9453699	0	6

	Freq.	Percent	Cum.
.d	116	19.80	19.80
.i	4	0.68	20.48
.r	71	12.12	32.59
.s	395	67.41	100.00
Total	586	100.00	

enf_cat_01 Number of illnesses (cat.) 2001
Número de enfermedades (cat.) 2001

	Freq.	Percent	Cum.
0. No illness	6,292	41.43	41.43
1. 1 illness	5,010	32.99	74.42
2. 2+ illnesses	3,298	21.72	96.14
.d	116	0.76	96.91
.i	4	0.03	96.93
.r	71	0.47	97.40
.s	395	2.60	100.00
Total	15,186	100.00	

imc_cat_01 Body Mass Index (cat.) 2001
Índice de Masa Corporal (cat.) 2001

	Freq.	Percent	Cum.
1.Underweight	200	1.32	1.32
2.Normal weight	3,669	24.16	25.48
3.Overweight	4,754	31.31	56.78
4.Obese	2,527	16.64	73.42
5.Morbidly obese	211	1.39	74.81
.d	3,776	24.87	99.68
.i	10	0.07	99.74
.r	39	0.26	100.00
Total	15,186	100.00	

ejer_3_por_sem_01 Exercise 3+ times per week on average 2001
Hace ejercicio 3+ veces por semana 2001

	Freq.	Percent	Cum.
0.No	9,268	61.03	61.03
1.Yes	4,768	31.40	92.43
.d	42	0.28	92.70
.i	4	0.03	92.73
.p	1,032	6.80	99.53
.r	72	0.47	100.00
Total	15,186	100.00	

alcohol_01

Currently drinks alcohol 2001
Actualmente consume alcohol 2001

	Freq.	Percent	Cum.
0.No	10,441	68.75	68.75
1.Yes	4,734	31.17	99.93
.d	3	0.02	99.95
.i	4	0.03	99.97
.r	4	0.03	100.00
Total	15,186	100.00	

tabaco_01

Currently smokes tobacco 2001
Actualmente fuma 2001

	Freq.	Percent	Cum.
0.No	12,522	82.46	82.46
1.Yes	2,647	17.43	99.89
.d	11	0.07	99.96
.i	4	0.03	99.99
.r	2	0.01	100.00
Total	15,186	100.00	

mide_col_01

Preventive care: Measured cholesterol in blood 2001
Cuidados preventivos: Se mide colesterol en sangre 2001

	Freq.	Percent	Cum.
0.No	6,714	44.21	44.21
1.Yes	7,362	48.48	92.69
.d	58	0.38	93.07
.i	4	0.03	93.10
.p	1,032	6.80	99.89
.r	16	0.11	100.00
Total	15,186	100.00	

prueba_tuber_01

Preventive care: Tested for tuberculosis 2001
Cuidados preventivos: Prueba para la tuberculosis 2001

	Freq.	Percent	Cum.
0.No	10,716	70.56	70.56
1.Yes	3,311	21.80	92.37
.d	95	0.63	92.99
.i	4	0.03	93.02
.p	1,032	6.80	99.82
.r	28	0.18	100.00
Total	15,186	100.00	

prueba_diab_01

Preventive care: Tested for diabetes 2001
Cuidados preventivos: Prueba para la diabetes 2001

	Freq.	Percent	Cum.
0.No	5,027	33.10	33.10
1.Yes	9,073	59.75	92.85
.d	35	0.23	93.08
.i	4	0.03	93.11
.p	1,032	6.80	99.90
.r	15	0.10	100.00
Total	15,186	100.00	

prueba_pres_01

Preventive care: Tested for hypertension/high blood pressure 2001
Cuidados preventivos: Prueba para la hipertensión o presión alta 2001

	Freq.	Percent	Cum.
0.No	3,832	25.23	25.23
1.Yes	10,269	67.62	92.86
.d	35	0.23	93.09
.i	4	0.03	93.11
.p	1,032	6.80	99.91
.r	14	0.09	100.00
Total	15,186	100.00	

auto_exam_mama_01

Preventive care: Monthly self-exam for knots/lumps in breasts (women) 2001
Cuidados preventivos: Autoexamen mensual de senos (mujeres) 2001

	Freq.	Percent	Cum.
0.No	4,993	32.88	32.88
1.Yes	3,170	20.87	53.75
.d	12	0.08	53.83
.i	3	0.02	53.85
.m	72	0.47	54.33
.p	1,032	6.80	61.12
.r	24	0.16	61.28
.s	5,877	38.70	99.98
.x	3	0.02	100.00
Total	15,186	100.00	

papanic_01

Preventive care: Pap smear test (women) 2001
Cuidados preventivos: Prueba Papanicolaou (mujeres) 2001

	Freq.	Percent	Cum.
0.No	2,855	18.80	18.80
1.Yes	5,228	34.43	53.23
.d	14	0.09	53.32
.i	3	0.02	53.34
.m	72	0.47	53.81
.p	1,032	6.80	60.61
.r	29	0.19	60.80
.s	5,878	38.71	99.51
.x	75	0.49	100.00
Total	15,186	100.00	

mamografia_01

Preventive care: Mammogram/breast x-ray (women) 2001
Cuidados preventivos: Mamografía (mujeres) 2001

	Freq.	Percent	Cum.
0.No	6,412	42.22	42.22
1.Yes	1,740	11.46	53.68
.d	18	0.12	53.80
.i	3	0.02	53.82
.m	72	0.47	54.29
.p	1,032	6.80	61.09
.r	31	0.20	61.29
.s	5,876	38.69	99.99
.x	2	0.01	100.00
Total	15,186	100.00	

exam_prostata_01

Preventive care: Prostate exam (men) 2001
Cuidados preventivos: Examen de próstata (hombres) 2001

	Freq.	Percent	Cum.
0.No	4,773	31.43	31.43
1.Yes	983	6.47	37.90
.d	17	0.11	38.02
.i	1	0.01	38.02
.m	63	0.41	38.44
.p	1,032	6.80	45.23
.r	16	0.11	45.34
.s	8,150	53.67	99.01
.x	151	0.99	100.00
Total	15,186	100.00	

hospitalizacion_01 Last 12 months: Has been hospitalized (at least one night) 2001
 Últimos 12 meses: Estuvo hospitalizado (al menos una noche) 2001

	Freq.	Percent	Cum.
0.No	13,681	90.09	90.09
1.Yes	1,469	9.67	99.76
.d	14	0.09	99.86
.i	10	0.07	99.92
.r	12	0.08	100.00
Total	15,186	100.00	

visita_medica_01 Last 12 months: Has visited the doctor (at least once) 2001
 Últimos 12 meses: Tuvo visitas al médico (al menos una) 2001

	Freq.	Percent	Cum.
0.No	5,415	35.66	35.66
1.Yes	9,704	63.90	99.56
.d	46	0.30	99.86
.i	10	0.07	99.93
.r	11	0.07	100.00
Total	15,186	100.00	

ciru_ambu_01 Last 12 months: Has had outpatient procedures (at least one) 2001
 Últimos 12 meses: Tuvo cirugía ambulatoria (al menos una) 2001

	Freq.	Percent	Cum.
0.No	14,864	97.88	97.88
1.Yes	296	1.95	99.83
.d	7	0.05	99.87
.i	10	0.07	99.94
.r	9	0.06	100.00
Total	15,186	100.00	

visita_dental_01 Last 12 months: Has visited dentist (at least once) 2001
 Últimos 12 meses: Tuvo visitas al dentista (al menos una) 2001

	Freq.	Percent	Cum.
0.No	11,442	75.35	75.35
1.Yes	3,718	24.48	99.83
.d	11	0.07	99.90
.i	10	0.07	99.97
.r	5	0.03	100.00
Total	15,186	100.00	

imss_01 Has health care covered by IMSS 2001
Tiene derecho a servicio médico en IMSS 2001

	Freq.	Percent	Cum.
0.No	8,173	53.82	53.82
1.Yes	6,951	45.77	99.59
.d	14	0.09	99.68
.i	10	0.07	99.75
.r	38	0.25	100.00
Total	15,186	100.00	

issste_01 Has health care covered by ISSSTE/ISSSTE Estatal 2001
Tiene derecho a servicio médico en ISSSTE/ISSSTE Estatal 2001

	Freq.	Percent	Cum.
0.No	12,920	85.08	85.08
1.Yes	2,065	13.60	98.68
.d	56	0.37	99.05
.i	10	0.07	99.11
.r	135	0.89	100.00
Total	15,186	100.00	

pem_def_mar_01 Has health care covered by PEMEX, Defensa, or Marina 2001
Tiene derecho a servicio médico en Pemex, Defensa o Marina 2001

	Freq.	Percent	Cum.
0.No	14,621	96.28	96.28
1.Yes	342	2.25	98.53
.d	63	0.41	98.95
.i	10	0.07	99.01
.r	150	0.99	100.00
Total	15,186	100.00	

seguro_privado_01 Has health care covered by private health insurance 2001
Tiene derecho a seguro médico privado 2001

	Freq.	Percent	Cum.
0.No	14,636	96.38	96.38
1.Yes	324	2.13	98.51
.d	63	0.41	98.93
.i	10	0.07	98.99
.r	153	1.01	100.00
Total	15,186	100.00	

ocupacion_01

Employment status 2001
Estado de empleo 2001

	Freq.	Percent	Cum.
1. Currently Working	6,667	43.90	43.90
2. Currently looking for work	60	0.40	44.30
3. Dedicated to household chores	3,069	20.21	64.51
4. Retired, incapacitated, or does not work	5,298	34.89	99.39
.d	21	0.14	99.53
.i	42	0.28	99.81
.r	29	0.19	100.00
Total	15,186	100.00	

Appendix 3. Flowcharts for the construction of variables using MHAS 2021